

## 13 游 泳

### 一、考核指标与所占分值

类 别	实战能力
考核指标	专 项
分 值	100 分

#### (一) 考试方法:

1. 考生须在自由泳(50米、100米、200米、400米、800米、1500米),仰泳(50米、100米、200米),蛙泳(50米、100米、200米),蝶泳(50米、100米、200米)和混合泳(200米、400米)中选择一个项目进行考试。

2. 考试采用一次性决赛,使用电动计时或手计时计取成绩,参照评分标准换算成得分。使用手计时,每道须由三名计时员计取成绩,所计成绩的中间值或相同值为最终成绩。

3. 所有项目均按中国游泳协会审定的最新游泳竞赛规则执行。执行此标准池长要求为符合国家规定标准的50米池(如招生院校无50米池,可采用25米池),误差范围为+0.03米,-0.00米。安装自动计时装置触板后,误差不得超出此范围。

#### (二) 评分标准: 见表13-1-表13-12。

表 13-1 男子自由泳评分表(50米池)

分值	50米自	100米自	200米自	400米自	800米自	1500米自
100.00	23.28	51.50	1:51.55	3:58.60	8:24.00	16:00.30
99.50	23.34	51.70	1:52.12	3:59.72	8:25.90	16:04.29
99.00	23.40	51.90	1:52.69	4:00.84	8:27.80	16:08.27
98.50	23.46	52.10	1:53.27	4:01.96	8:29.70	16:12.26
98.00	23.52	52.30	1:53.84	4:03.08	8:31.60	16:16.24
97.50	23.59	52.50	1:54.41	4:04.20	8:33.50	16:20.23
97.00	23.65	52.70	1:54.99	4:05.32	8:35.40	16:24.21
96.50	23.71	52.90	1:55.56	4:06.44	8:37.30	16:28.20
96.00	23.77	53.10	1:56.13	4:07.56	8:39.20	16:32.18
95.50	23.83	53.30	1:56.70	4:08.68	8:41.10	16:36.17
95.00	23.89	53.50	1:57.28	4:09.80	8:43.00	16:40.15
94.50	23.95	53.70	1:57.85	4:10.92	8:44.90	16:44.14
94.00	24.01	53.90	1:58.42	4:12.04	8:46.80	16:48.12

分值	50 米自	100 米自	200 米自	400 米自	800 米自	1500 米自
93.50	24.07	54.10	1:58.99	4:13.16	8:48.70	16:52.11
93.00	24.13	54.30	1:59.57	4:14.28	8:50.60	16:56.09
92.50	24.20	54.50	2:00.14	4:15.40	8:52.50	17:00.08
92.00	24.26	54.70	2:00.71	4:16.52	8:54.40	17:04.06
91.50	24.32	54.90	2:01.28	4:17.64	8:56.30	17:08.05
91.00	24.38	55.10	2:01.86	4:18.76	8:58.20	17:12.03
90.50	24.44	55.30	2:02.43	4:19.88	9:00.10	17:16.02
90.00	24.50	55.50	2:03.00	4:21.00	9:02.00	17:20.00
89.50	24.58	55.74	2:03.50	4:22.12	9:04.25	17:24.37
89.00	24.65	55.98	2:04.00	4:23.25	9:06.50	17:28.75
88.50	24.73	56.21	2:04.50	4:24.37	9:08.75	17:33.12
88.00	24.80	56.45	2:05.00	4:25.50	9:11.00	17:37.50
87.50	24.88	56.69	2:05.50	4:26.62	9:13.25	17:41.88
87.00	24.95	56.93	2:06.00	4:27.75	9:15.50	17:46.25
86.50	25.03	57.16	2:06.50	4:28.87	9:17.75	17:50.63
86.00	25.10	57.40	2:07.00	4:30.00	9:20.00	17:55.00
85.50	25.18	57.64	2:07.50	4:31.12	9:22.25	17:59.38
85.00	25.25	57.88	2:08.00	4:32.25	9:24.50	18:03.75
84.50	25.33	58.11	2:08.50	4:33.37	9:26.75	18:08.13
84.00	25.40	58.35	2:09.00	4:34.50	9:29.00	18:12.50
83.50	25.48	58.59	2:09.50	4:35.62	9:31.25	18:16.88
83.00	25.55	58.83	2:10.00	4:36.75	9:33.50	18:21.25
82.50	25.63	59.06	2:10.50	4:37.87	9:35.75	18:25.63
82.00	25.70	59.30	2:11.00	4:39.00	9:38.00	18:30.00
81.50	25.78	59.54	2:11.50	4:40.12	9:40.25	18:34.38
81.00	25.85	59.78	2:12.00	4:41.25	9:42.50	18:38.75
80.50	25.93	1:00.01	2:12.50	4:42.37	9:44.75	18:43.13
80.00	26.00	1:00.25	2:13.00	4:43.50	9:47.00	18:47.50
79.50	26.08	1:00.49	2:13.50	4:44.62	9:49.25	18:51.88
79.00	26.15	1:00.73	2:14.00	4:45.75	9:51.50	18:56.25
78.50	26.23	1:00.96	2:14.50	4:46.87	9:53.75	19:00.63

分值	50 米自	100 米自	200 米自	400 米自	800 米自	1500 米自
78.00	26.30	1:01.20	2:15.00	4:48.00	9:56.00	19:05.00
77.50	26.38	1:01.44	2:15.50	4:49.12	9:58.25	19:09.38
77.00	26.45	1:01.68	2:16.00	4:50.25	10:00.50	19:13.75
76.50	26.53	1:01.91	2:16.50	4:51.37	10:02.75	19:18.13
76.00	26.60	1:02.15	2:17.00	4:52.50	10:05.00	19:22.50
75.50	26.68	1:02.39	2:17.50	4:53.62	10:07.25	19:26.88
75.00	26.75	1:02.63	2:18.00	4:54.75	10:09.50	19:31.25
74.50	26.83	1:02.86	2:18.50	4:55.87	10:11.75	19:35.63
74.00	26.90	1:03.10	2:19.00	4:57.00	10:14.00	19:40.00
73.50	26.98	1:03.34	2:19.50	4:58.12	10:16.25	19:44.38
73.00	27.05	1:03.58	2:20.00	4:59.25	10:18.50	19:48.75
72.50	27.13	1:03.81	2:20.50	5:00.37	10:20.75	19:53.13
72.00	27.20	1:04.05	2:21.00	5:01.50	10:23.00	19:57.50
71.50	27.28	1:04.29	2:21.50	5:02.62	10:25.25	20:01.88
71.00	27.35	1:04.53	2:22.00	5:03.75	10:27.50	20:06.25
70.50	27.43	1:04.76	2:22.50	5:04.87	10:29.75	20:10.63
70.00	27.50	1:05.00	2:23.00	5:06.00	10:32.00	20:15.00
69.50	27.62	1:05.28	2:23.55	5:07.17	10:34.67	20:19.50
69.00	27.73	1:05.57	2:24.10	5:08.33	10:37.33	20:24.00
68.50	27.85	1:05.85	2:24.65	5:09.50	10:40.00	20:28.50
68.00	27.97	1:06.13	2:25.20	5:10.67	10:42.67	20:33.00
67.50	28.08	1:06.42	2:25.75	5:11.83	10:45.33	20:37.50
67.00	28.20	1:06.70	2:26.30	5:13.00	10:48.00	20:42.00
66.50	28.32	1:06.98	2:26.85	5:14.17	10:50.67	20:46.50
66.00	28.43	1:07.27	2:27.40	5:15.33	10:53.33	20:51.00
65.50	28.55	1:07.55	2:27.95	5:16.50	10:56.00	20:55.50
65.00	28.67	1:07.83	2:28.50	5:17.67	10:58.67	21:00.00
64.50	28.78	1:08.12	2:29.05	5:18.83	11:01.33	21:04.50
64.00	28.90	1:08.40	2:29.60	5:20.00	11:04.00	21:09.00
63.50	29.02	1:08.68	2:30.15	5:21.17	11:06.67	21:13.50
63.00	29.13	1:08.97	2:30.70	5:22.33	11:09.33	21:18.00

分值	50 米自	100 米自	200 米自	400 米自	800 米自	1500 米自
62.50	29.25	1:09.25	2:31.25	5:23.50	11:12.00	21:22.50
62.00	29.37	1:09.53	2:31.80	5:24.67	11:14.67	21:27.00
61.50	29.48	1:09.82	2:32.35	5:25.83	11:17.33	21:31.50
61.00	29.60	1:10.10	2:32.90	5:27.00	11:20.00	21:36.00
60.50	29.72	1:10.38	2:33.45	5:28.17	11:22.67	21:40.50
60.00	29.83	1:10.67	2:34.00	5:29.33	11:25.33	21:45.00
59.50	29.95	1:10.95	2:34.55	5:30.50	11:28.00	21:49.50
59.00	30.07	1:11.23	2:35.10	5:31.67	11:30.67	21:54.00
58.50	30.18	1:11.52	2:35.65	5:32.83	11:33.33	21:58.50
58.00	30.30	1:11.80	2:36.20	5:34.00	11:36.00	22:03.00
57.50	30.42	1:12.08	2:36.75	5:35.17	11:38.67	22:07.50
57.00	30.53	1:12.37	2:37.30	5:36.33	11:41.33	22:12.00
56.50	30.65	1:12.65	2:37.85	5:37.50	11:44.00	22:16.50
56.00	30.77	1:12.93	2:38.40	5:38.67	11:46.67	22:21.00
55.50	30.88	1:13.22	2:38.95	5:39.83	11:49.33	22:25.50
55.00	31.00	1:13.50	2:39.50	5:41.00	11:52.00	22:30.00
54.50	31.12	1:13.78	2:40.05	5:42.17	11:54.67	22:34.50
54.00	31.23	1:14.07	2:40.60	5:43.33	11:57.33	22:39.00
53.50	31.35	1:14.35	2:41.15	5:44.50	12:00.00	22:43.50
53.00	31.47	1:14.63	2:41.70	5:45.67	12:02.67	22:48.00
52.50	31.58	1:14.92	2:42.25	5:46.83	12:05.33	22:52.50
52.00	31.70	1:15.20	2:42.80	5:48.00	12:08.00	22:57.00
51.50	31.82	1:15.48	2:43.35	5:49.17	12:10.67	23:01.50
51.00	31.93	1:15.77	2:43.90	5:50.33	12:13.33	23:06.00
50.50	32.05	1:16.05	2:44.45	5:51.50	12:16.00	23:10.50
50.00	32.17	1:16.33	2:45.00	5:52.67	12:18.67	23:15.00
49.50	32.28	1:16.62	2:45.55	5:53.83	12:21.33	23:19.50
49.00	32.40	1:16.90	2:46.10	5:55.00	12:24.00	23:24.00
48.50	32.52	1:17.18	2:46.65	5:56.17	12:26.67	23:28.50
48.00	32.63	1:17.47	2:47.20	5:57.33	12:29.33	23:33.00
47.50	32.75	1:17.75	2:47.75	5:58.50	12:32.00	23:37.50

分值	50 米自	100 米自	200 米自	400 米自	800 米自	1500 米自
47.00	32.87	1:18.03	2:48.30	5:59.67	12:34.67	23:42.00
46.50	32.98	1:18.32	2:48.85	6:00.83	12:37.33	23:46.50
46.00	33.10	1:18.60	2:49.40	6:02.00	12:40.00	23:51.00
45.50	33.22	1:18.88	2:49.95	6:03.17	12:42.67	23:55.50
45.00	33.33	1:19.17	2:50.50	6:04.33	12:45.33	24:00.00
44.50	33.45	1:19.45	2:51.05	6:05.50	12:48.00	24:04.50
44.00	33.57	1:19.73	2:51.60	6:06.67	12:50.67	24:09.00
43.50	33.68	1:20.02	2:52.15	6:07.83	12:53.33	24:13.50
43.00	33.80	1:20.30	2:52.70	6:09.00	12:56.00	24:18.00
42.50	33.92	1:20.58	2:53.25	6:10.17	12:58.67	24:22.50
42.00	34.03	1:20.87	2:53.80	6:11.33	13:01.33	24:27.00
41.50	34.15	1:21.15	2:54.35	6:12.50	13:04.00	24:31.50
41.00	34.27	1:21.43	2:54.90	6:13.67	13:06.67	24:36.00
40.50	34.38	1:21.72	2:55.45	6:14.83	13:09.33	24:40.50
40.00	34.50	1:22.00	2:56.00	6:16.00	13:12.00	24:45.00

表 13-2 男子仰泳、蛙泳评分表（50 米池）

分值	50 米仰	100 米仰	200 米仰	50 米蛙	100 米蛙	200 米蛙
100.00	27.43	58.45	2:06.45	28.75	1:03.80	2:21.90
99.50	27.58	58.73	2:07.03	28.94	1:04.16	2:22.55
99.00	27.74	59.01	2:07.61	29.13	1:04.52	2:23.21
98.50	27.89	59.28	2:08.18	29.31	1:04.88	2:23.86
98.00	28.04	59.56	2:08.76	29.50	1:05.24	2:24.52
97.50	28.20	59.84	2:09.34	29.69	1:05.60	2:25.18
97.00	28.35	1:00.12	2:09.92	29.88	1:05.96	2:25.83
96.50	28.50	1:00.39	2:10.49	30.06	1:06.32	2:26.49
96.00	28.66	1:00.67	2:11.07	30.25	1:06.68	2:27.14
95.50	28.81	1:00.95	2:11.65	30.44	1:07.04	2:27.80
95.00	28.97	1:01.23	2:12.22	30.63	1:07.40	2:28.45
94.50	29.12	1:01.50	2:12.80	30.81	1:07.76	2:29.11
94.00	29.27	1:01.78	2:13.38	31.00	1:08.12	2:29.76

分值	50 米仰	100 米仰	200 米仰	50 米蛙	100 米蛙	200 米蛙
93.50	29.43	1:02.06	2:13.96	31.19	1:08.48	2:30.42
93.00	29.58	1:02.34	2:14.53	31.38	1:08.84	2:31.07
92.50	29.73	1:02.61	2:15.11	31.56	1:09.20	2:31.73
92.00	29.89	1:02.89	2:15.69	31.75	1:09.56	2:32.38
91.50	30.04	1:03.17	2:16.27	31.94	1:09.92	2:33.03
91.00	30.19	1:03.45	2:16.84	32.13	1:10.28	2:33.69
90.50	30.35	1:03.72	2:17.42	32.31	1:10.64	2:34.35
90.00	30.50	1:04.00	2:18.00	32.50	1:11.00	2:35.00
89.50	30.63	1:04.25	2:18.58	32.61	1:11.23	2:35.47
89.00	30.75	1:04.50	2:19.15	32.73	1:11.45	2:35.95
88.50	30.88	1:04.75	2:19.72	32.84	1:11.68	2:36.43
88.00	31.00	1:05.00	2:20.30	32.95	1:11.90	2:36.90
87.50	31.13	1:05.25	2:20.87	33.06	1:12.13	2:37.38
87.00	31.25	1:05.50	2:21.45	33.18	1:12.35	2:37.85
86.50	31.38	1:05.75	2:22.02	33.29	1:12.58	2:38.32
86.00	31.50	1:06.00	2:22.60	33.40	1:12.80	2:38.80
85.50	31.63	1:06.25	2:23.18	33.51	1:13.03	2:39.28
85.00	31.75	1:06.50	2:23.75	33.63	1:13.25	2:39.75
84.50	31.88	1:06.75	2:24.32	33.74	1:13.48	2:40.23
84.00	32.00	1:07.00	2:24.90	33.85	1:13.70	2:40.70
83.50	32.13	1:07.25	2:25.48	33.96	1:13.93	2:41.18
83.00	32.25	1:07.50	2:26.05	34.08	1:14.15	2:41.65
82.50	32.38	1:07.75	2:26.62	34.19	1:14.38	2:42.13
82.00	32.50	1:08.00	2:27.20	34.30	1:14.60	2:42.60
81.50	32.63	1:08.25	2:27.78	34.41	1:14.83	2:43.08
81.00	32.75	1:08.50	2:28.35	34.52	1:15.05	2:43.55
80.50	32.88	1:08.75	2:28.93	34.64	1:15.28	2:44.03
80.00	33.00	1:09.00	2:29.50	34.75	1:15.50	2:44.50
79.50	33.13	1:09.25	2:30.08	34.86	1:15.73	2:44.98
79.00	33.25	1:09.50	2:30.65	34.97	1:15.95	2:45.45
78.50	33.38	1:09.75	2:31.23	35.09	1:16.18	2:45.93

分值	50 米仰	100 米仰	200 米仰	50 米蛙	100 米蛙	200 米蛙
78.00	33.50	1:10.00	2:31.80	35.20	1:16.40	2:46.40
77.50	33.63	1:10.25	2:32.38	35.31	1:16.63	2:46.88
77.00	33.75	1:10.50	2:32.95	35.42	1:16.85	2:47.35
76.50	33.88	1:10.75	2:33.53	35.54	1:17.07	2:47.83
76.00	34.00	1:11.00	2:34.10	35.65	1:17.30	2:48.30
75.50	34.13	1:11.25	2:34.68	35.76	1:17.52	2:48.78
75.00	34.25	1:11.50	2:35.25	35.87	1:17.75	2:49.25
74.50	34.38	1:11.75	2:35.83	35.99	1:17.97	2:49.73
74.00	34.50	1:12.00	2:36.40	36.10	1:18.20	2:50.20
73.50	34.63	1:12.25	2:36.98	36.21	1:18.42	2:50.68
73.00	34.75	1:12.50	2:37.55	36.32	1:18.65	2:51.15
72.50	34.88	1:12.75	2:38.13	36.44	1:18.87	2:51.63
72.00	35.00	1:13.00	2:38.70	36.55	1:19.10	2:52.10
71.50	35.13	1:13.25	2:39.28	36.66	1:19.32	2:52.58
71.00	35.25	1:13.50	2:39.85	36.77	1:19.55	2:53.05
70.50	35.38	1:13.75	2:40.43	36.89	1:19.77	2:53.53
70.00	35.50	1:14.00	2:41.00	37.00	1:20.00	2:54.00
69.50	35.63	1:14.27	2:41.58	37.12	1:20.23	2:54.48
69.00	35.75	1:14.53	2:42.17	37.23	1:20.47	2:54.97
68.50	35.88	1:14.80	2:42.75	37.35	1:20.70	2:55.45
68.00	36.00	1:15.07	2:43.33	37.47	1:20.93	2:55.93
67.50	36.13	1:15.33	2:43.92	37.58	1:21.17	2:56.42
67.00	36.25	1:15.60	2:44.50	37.70	1:21.40	2:56.90
66.50	36.38	1:15.87	2:45.08	37.82	1:21.63	2:57.38
66.00	36.50	1:16.13	2:45.67	37.93	1:21.87	2:57.87
65.50	36.63	1:16.40	2:46.25	38.05	1:22.10	2:58.35
65.00	36.75	1:16.67	2:46.83	38.17	1:22.33	2:58.83
64.50	36.88	1:16.93	2:47.42	38.28	1:22.57	2:59.32
64.00	37.00	1:17.20	2:48.00	38.40	1:22.80	2:59.80
63.50	37.13	1:17.47	2:48.58	38.52	1:23.03	3:00.28
63.00	37.25	1:17.73	2:49.17	38.63	1:23.27	3:00.77

分值	50 米仰	100 米仰	200 米仰	50 米蛙	100 米蛙	200 米蛙
62.50	37.38	1:18.00	2:49.75	38.75	1:23.50	3:01.25
62.00	37.50	1:18.27	2:50.33	38.87	1:23.73	3:01.73
61.50	37.63	1:18.53	2:50.92	38.98	1:23.97	3:02.22
61.00	37.75	1:18.80	2:51.50	39.10	1:24.20	3:02.70
60.50	37.88	1:19.07	2:52.08	39.22	1:24.43	3:03.18
60.00	38.00	1:19.33	2:52.67	39.33	1:24.67	3:03.67
59.50	38.13	1:19.60	2:53.25	39.45	1:24.90	3:04.15
59.00	38.25	1:19.87	2:53.83	39.57	1:25.13	3:04.63
58.50	38.38	1:20.13	2:54.42	39.68	1:25.37	3:05.12
58.00	38.50	1:20.40	2:55.00	39.80	1:25.60	3:05.60
57.50	38.63	1:20.67	2:55.58	39.92	1:25.83	3:06.08
57.00	38.75	1:20.93	2:56.17	40.03	1:26.07	3:06.57
56.50	38.88	1:21.20	2:56.75	40.15	1:26.30	3:07.05
56.00	39.00	1:21.47	2:57.33	40.27	1:26.53	3:07.53
55.50	39.13	1:21.73	2:57.92	40.38	1:26.77	3:08.02
55.00	39.25	1:22.00	2:58.50	40.50	1:27.00	3:08.50
54.50	39.38	1:22.27	2:59.08	40.62	1:27.23	3:08.98
54.00	39.50	1:22.53	2:59.67	40.73	1:27.47	3:09.47
53.50	39.63	1:22.80	3:00.25	40.85	1:27.70	3:09.95
53.00	39.75	1:23.07	3:00.83	40.97	1:27.93	3:10.43
52.50	39.88	1:23.33	3:01.42	41.08	1:28.17	3:10.92
52.00	40.00	1:23.60	3:02.00	41.20	1:28.40	3:11.40
51.50	40.13	1:23.87	3:02.58	41.32	1:28.63	3:11.88
51.00	40.25	1:24.13	3:03.17	41.43	1:28.87	3:12.37
50.50	40.38	1:24.40	3:03.75	41.55	1:29.10	3:12.85
50.00	40.50	1:24.67	3:04.33	41.67	1:29.33	3:13.33
49.50	40.63	1:24.93	3:04.92	41.78	1:29.57	3:13.82
49.00	40.75	1:25.20	3:05.50	41.90	1:29.80	3:14.30
48.50	40.88	1:25.47	3:06.08	42.02	1:30.03	3:14.78
48.00	41.00	1:25.73	3:06.67	42.13	1:30.27	3:15.27
47.50	41.13	1:26.00	3:07.25	42.25	1:30.50	3:15.75



分值	50 米仰	100 米仰	200 米仰	50 米蛙	100 米蛙	200 米蛙
47.00	41.25	1:26.27	3:07.83	42.37	1:30.73	3:16.23
46.50	41.38	1:26.53	3:08.42	42.48	1:30.97	3:16.72
46.00	41.50	1:26.80	3:09.00	42.60	1:31.20	3:17.20
45.50	41.63	1:27.07	3:09.58	42.72	1:31.43	3:17.68
45.00	41.75	1:27.33	3:10.17	42.83	1:31.67	3:18.17
44.50	41.88	1:27.60	3:10.75	42.95	1:31.90	3:18.65
44.00	42.00	1:27.87	3:11.33	43.07	1:32.13	3:19.13
43.50	42.13	1:28.13	3:11.92	43.18	1:32.37	3:19.62
43.00	42.25	1:28.40	3:12.50	43.30	1:32.60	3:20.10
42.50	42.38	1:28.67	3:13.08	43.42	1:32.83	3:20.58
42.00	42.50	1:28.93	3:13.67	43.53	1:33.07	3:21.07
41.50	42.63	1:29.20	3:14.25	43.65	1:33.30	3:21.55
41.00	42.75	1:29.47	3:14.83	43.77	1:33.53	3:22.03
40.50	42.88	1:29.73	3:15.42	43.88	1:33.77	3:22.52
40.00	43.00	1:30.00	3:16.00	44.00	1:34.00	3:23.00

表 13-3 男子蝶泳、混合泳评分表（50 米池）

分值	50 米蝶	100 米蝶	200 米蝶	200 米混	400 米混
100.00	24.89	55.45	2:02.70	2:08.20	4:31.20
99.50	25.00	55.68	2:03.27	2:08.74	4:32.55
99.00	25.10	55.91	2:03.83	2:09.28	4:33.91
98.50	25.21	56.13	2:04.39	2:09.82	4:35.26
98.00	25.31	56.36	2:04.96	2:10.36	4:36.62
97.50	25.42	56.59	2:05.52	2:10.90	4:37.97
97.00	25.52	56.82	2:06.09	2:11.44	4:39.33
96.50	25.63	57.04	2:06.65	2:11.98	4:40.68
96.00	25.73	57.27	2:07.22	2:12.52	4:42.04
95.50	25.84	57.50	2:07.78	2:13.06	4:43.39
95.00	25.95	57.73	2:08.35	2:13.60	4:44.75
94.50	26.05	57.95	2:08.91	2:14.14	4:46.10
94.00	26.16	58.18	2:09.48	2:14.68	4:47.46

分值	50 米蝶	100 米蝶	200 米蝶	200 米混	400 米混
93.50	26.26	58.41	2:10.04	2:15.22	4:48.81
93.00	26.37	58.64	2:10.61	2:15.76	4:50.17
92.50	26.47	58.86	2:11.17	2:16.30	4:51.52
92.00	26.58	59.09	2:11.74	2:16.84	4:52.88
91.50	26.68	59.32	2:12.30	2:17.38	4:54.23
91.00	26.79	59.55	2:12.87	2:17.92	4:55.59
90.50	26.89	59.77	2:13.43	2:18.46	4:56.94
90.00	27.00	1:00.00	2:14.00	2:19.00	4:58.30
89.50	27.14	1:00.28	2:14.60	2:19.53	4:59.12
89.00	27.28	1:00.55	2:15.20	2:20.05	4:59.93
88.50	27.41	1:00.83	2:15.80	2:20.58	5:00.75
88.00	27.55	1:01.10	2:16.40	2:21.10	5:01.57
87.50	27.69	1:01.38	2:17.00	2:21.63	5:02.39
87.00	27.83	1:01.65	2:17.60	2:22.15	5:03.20
86.50	27.96	1:01.93	2:18.20	2:22.68	5:04.02
86.00	28.10	1:02.20	2:18.80	2:23.20	5:04.84
85.50	28.24	1:02.48	2:19.40	2:23.73	5:05.66
85.00	28.38	1:02.75	2:20.00	2:24.25	5:06.47
84.50	28.51	1:03.03	2:20.60	2:24.78	5:07.29
84.00	28.65	1:03.30	2:21.20	2:25.30	5:08.11
83.50	28.79	1:03.58	2:21.80	2:25.83	5:08.93
83.00	28.93	1:03.85	2:22.40	2:26.35	5:09.74
82.50	29.06	1:04.13	2:23.00	2:26.88	5:10.56
82.00	29.20	1:04.40	2:23.60	2:27.40	5:11.38
81.50	29.34	1:04.68	2:24.20	2:27.93	5:12.20
81.00	29.48	1:04.95	2:24.80	2:28.45	5:13.01
80.50	29.61	1:05.23	2:25.40	2:28.98	5:13.83
80.00	29.75	1:05.50	2:26.00	2:29.50	5:14.65
79.50	29.89	1:05.78	2:26.60	2:30.03	5:15.47
79.00	30.03	1:06.05	2:27.20	2:30.55	5:16.28
78.50	30.16	1:06.33	2:27.80	2:31.08	5:17.10

分值	50 米蝶	100 米蝶	200 米蝶	200 米混	400 米混
78.00	30.30	1:06.60	2:28.40	2:31.60	5:17.92
77.50	30.44	1:06.88	2:29.00	2:32.13	5:18.74
77.00	30.58	1:07.15	2:29.60	2:32.65	5:19.55
76.50	30.71	1:07.43	2:30.20	2:33.18	5:20.37
76.00	30.85	1:07.70	2:30.80	2:33.70	5:21.19
75.50	30.99	1:07.98	2:31.40	2:34.23	5:22.01
75.00	31.13	1:08.25	2:32.00	2:34.75	5:22.82
74.50	31.26	1:08.53	2:32.60	2:35.28	5:23.64
74.00	31.40	1:08.80	2:33.20	2:35.80	5:24.46
73.50	31.54	1:09.08	2:33.80	2:36.33	5:25.28
73.00	31.68	1:09.35	2:34.40	2:36.85	5:26.09
72.50	31.81	1:09.63	2:35.00	2:37.38	5:26.91
72.00	31.95	1:09.90	2:35.60	2:37.90	5:27.73
71.50	32.09	1:10.18	2:36.20	2:38.43	5:28.55
71.00	32.23	1:10.45	2:36.80	2:38.95	5:29.36
70.50	32.36	1:10.73	2:37.40	2:39.48	5:30.18
70.00	32.50	1:11.00	2:38.00	2:40.00	5:31.00
69.50	32.65	1:11.30	2:38.67	2:40.58	5:32.32
69.00	32.80	1:11.60	2:39.33	2:41.17	5:33.63
68.50	32.95	1:11.90	2:40.00	2:41.75	5:34.95
68.00	33.10	1:12.20	2:40.67	2:42.33	5:36.27
67.50	33.25	1:12.50	2:41.33	2:42.92	5:37.58
67.00	33.40	1:12.80	2:42.00	2:43.50	5:38.90
66.50	33.55	1:13.10	2:42.67	2:44.08	5:40.22
66.00	33.70	1:13.40	2:43.33	2:44.67	5:41.53
65.50	33.85	1:13.70	2:44.00	2:45.25	5:42.85
65.00	34.00	1:14.00	2:44.67	2:45.83	5:44.17
64.50	34.15	1:14.30	2:45.33	2:46.42	5:45.48
64.00	34.30	1:14.60	2:46.00	2:47.00	5:46.80
63.50	34.45	1:14.90	2:46.67	2:47.58	5:48.12
63.00	34.60	1:15.20	2:47.33	2:48.17	5:49.43

分值	50 米蝶	100 米蝶	200 米蝶	200 米混	400 米混
62.50	34.75	1:15.50	2:48.00	2:48.75	5:50.75
62.00	34.90	1:15.80	2:48.67	2:49.33	5:52.07
61.50	35.05	1:16.10	2:49.33	2:49.92	5:53.38
61.00	35.20	1:16.40	2:50.00	2:50.50	5:54.70
60.50	35.35	1:16.70	2:50.67	2:51.08	5:56.02
60.00	35.50	1:17.00	2:51.33	2:51.67	5:57.33
59.50	35.65	1:17.30	2:52.00	2:52.25	5:58.65
59.00	35.80	1:17.60	2:52.67	2:52.83	5:59.97
58.50	35.95	1:17.90	2:53.33	2:53.42	6:01.28
58.00	36.10	1:18.20	2:54.00	2:54.00	6:02.60
57.50	36.25	1:18.50	2:54.67	2:54.58	6:03.92
57.00	36.40	1:18.80	2:55.33	2:55.17	6:05.23
56.50	36.55	1:19.10	2:56.00	2:55.75	6:06.55
56.00	36.70	1:19.40	2:56.67	2:56.33	6:07.87
55.50	36.85	1:19.70	2:57.33	2:56.92	6:09.18
55.00	37.00	1:20.00	2:58.00	2:57.50	6:10.50
54.50	37.15	1:20.30	2:58.67	2:58.08	6:11.82
54.00	37.30	1:20.60	2:59.33	2:58.67	6:13.13
53.50	37.45	1:20.90	3:00.00	2:59.25	6:14.45
53.00	37.60	1:21.20	3:00.67	2:59.83	6:15.77
52.50	37.75	1:21.50	3:01.33	3:00.42	6:17.08
52.00	37.90	1:21.80	3:02.00	3:01.00	6:18.40
51.50	38.05	1:22.10	3:02.67	3:01.58	6:19.72
51.00	38.20	1:22.40	3:03.33	3:02.17	6:21.03
50.50	38.35	1:22.70	3:04.00	3:02.75	6:22.35
50.00	38.50	1:23.00	3:04.67	3:03.33	6:23.67
49.50	38.65	1:23.30	3:05.33	3:03.92	6:24.98
49.00	38.80	1:23.60	3:06.00	3:04.50	6:26.30
48.50	38.95	1:23.90	3:06.67	3:05.08	6:27.62
48.00	39.10	1:24.20	3:07.33	3:05.67	6:28.93
47.50	39.25	1:24.50	3:08.00	3:06.25	6:30.25

分值	50 米蝶	100 米蝶	200 米蝶	200 米混	400 米混
47.00	39.40	1:24.80	3:08.67	3:06.83	6:31.57
46.50	39.55	1:25.10	3:09.33	3:07.42	6:32.88
46.00	39.70	1:25.40	3:10.00	3:08.00	6:34.20
45.50	39.85	1:25.70	3:10.67	3:08.58	6:35.52
45.00	40.00	1:26.00	3:11.33	3:09.17	6:36.83
44.50	40.15	1:26.30	3:12.00	3:09.75	6:38.15
44.00	40.30	1:26.60	3:12.67	3:10.33	6:39.47
43.50	40.45	1:26.90	3:13.33	3:10.92	6:40.78
43.00	40.60	1:27.20	3:14.00	3:11.50	6:42.10
42.50	40.75	1:27.50	3:14.67	3:12.08	6:43.42
42.00	40.90	1:27.80	3:15.33	3:12.67	6:44.73
41.50	41.05	1:28.10	3:16.00	3:13.25	6:46.05
41.00	41.20	1:28.40	3:16.67	3:13.83	6:47.37
40.50	41.35	1:28.70	3:17.33	3:14.42	6:48.68
40.00	41.50	1:29.00	3:18.00	3:15.00	6:50.00

表 13-4 女子自由泳评分表（50 米池）

分值	50 米自	100 米自	200 米自	400 米自	800 米自	1500 米自
100.00	25.85	56.30	2:01.20	4:15.80	8:53.40	17:14.00
99.50	25.92	56.61	2:01.89	4:17.21	8:55.83	17:18.05
99.00	25.99	56.92	2:02.58	4:18.62	8:58.26	17:22.10
98.50	26.05	57.23	2:03.27	4:20.03	9:00.69	17:26.15
98.00	26.12	57.54	2:03.96	4:21.44	9:03.12	17:30.20
97.50	26.19	57.85	2:04.65	4:22.85	9:05.55	17:34.25
97.00	26.26	58.16	2:05.34	4:24.26	9:07.98	17:38.30
96.50	26.32	58.47	2:06.03	4:25.67	9:10.41	17:42.35
96.00	26.39	58.78	2:06.72	4:27.08	9:12.84	17:46.40
95.50	26.46	59.09	2:07.41	4:28.49	9:15.27	17:50.45
95.00	26.53	59.40	2:08.10	4:29.90	9:17.70	17:54.50
94.50	26.59	59.71	2:08.79	4:31.31	9:20.13	17:58.55
94.00	26.66	1:00.02	2:09.48	4:32.72	9:22.56	18:02.60

分值	50 米自	100 米自	200 米自	400 米自	800 米自	1500 米自
93.50	26.73	1:00.33	2:10.17	4:34.13	9:24.99	18:06.65
93.00	26.80	1:00.64	2:10.86	4:35.54	9:27.42	18:10.70
92.50	26.86	1:00.95	2:11.55	4:36.95	9:29.85	18:14.75
92.00	26.93	1:01.26	2:12.24	4:38.36	9:32.28	18:18.80
91.50	27.00	1:01.57	2:12.93	4:39.77	9:34.71	18:22.85
91.00	27.07	1:01.88	2:13.62	4:41.18	9:37.14	18:26.90
90.50	27.13	1:02.19	2:14.31	4:42.59	9:39.57	18:30.95
90.00	27.20	1:02.50	2:15.00	4:44.00	9:42.00	18:35.00
89.50	27.31	1:02.76	2:15.60	4:45.55	9:45.50	18:42.75
89.00	27.42	1:03.02	2:16.20	4:47.10	9:49.00	18:50.50
88.50	27.52	1:03.29	2:16.80	4:48.65	9:52.50	18:58.25
88.00	27.63	1:03.55	2:17.40	4:50.20	9:56.00	19:06.00
87.50	27.74	1:03.81	2:18.00	4:51.75	9:59.50	19:13.75
87.00	27.85	1:04.07	2:18.60	4:53.30	10:03.00	19:21.50
86.50	27.95	1:04.34	2:19.20	4:54.85	10:06.50	19:29.25
86.00	28.06	1:04.60	2:19.80	4:56.40	10:10.00	19:37.00
85.50	28.17	1:04.86	2:20.40	4:57.95	10:13.50	19:44.75
85.00	28.28	1:05.12	2:21.00	4:59.50	10:17.00	19:52.50
84.50	28.38	1:05.39	2:21.60	5:01.05	10:20.50	20:00.25
84.00	28.49	1:05.65	2:22.20	5:02.60	10:24.00	20:08.00
83.50	28.60	1:05.91	2:22.80	5:04.15	10:27.50	20:15.75
83.00	28.71	1:06.17	2:23.40	5:05.70	10:31.00	20:23.50
82.50	28.81	1:06.44	2:24.00	5:07.25	10:34.50	20:31.25
82.00	28.92	1:06.70	2:24.60	5:08.80	10:38.00	20:39.00
81.50	29.03	1:06.96	2:25.20	5:10.35	10:41.50	20:46.75
81.00	29.14	1:07.22	2:25.80	5:11.90	10:45.00	20:54.50
80.50	29.24	1:07.49	2:26.40	5:13.45	10:48.50	21:02.25
80.00	29.35	1:07.75	2:27.00	5:15.00	10:52.00	21:10.00
79.50	29.46	1:08.01	2:27.60	5:16.55	10:55.50	21:17.75
79.00	29.57	1:08.27	2:28.20	5:18.10	10:59.00	21:25.50
78.50	29.67	1:08.54	2:28.80	5:19.65	11:02.50	21:33.25

分值	50 米自	100 米自	200 米自	400 米自	800 米自	1500 米自
78.00	29.78	1:08.80	2:29.40	5:21.20	11:06.00	21:41.00
77.50	29.89	1:09.06	2:30.00	5:22.75	11:09.50	21:48.75
77.00	30.00	1:09.32	2:30.60	5:24.30	11:13.00	21:56.50
76.50	30.10	1:09.59	2:31.20	5:25.85	11:16.50	22:04.25
76.00	30.21	1:09.85	2:31.80	5:27.40	11:20.00	22:12.00
75.50	30.32	1:10.11	2:32.40	5:28.95	11:23.50	22:19.75
75.00	30.43	1:10.37	2:33.00	5:30.50	11:27.00	22:27.50
74.50	30.53	1:10.64	2:33.60	5:32.05	11:30.50	22:35.25
74.00	30.64	1:10.90	2:34.20	5:33.60	11:34.00	22:43.00
73.50	30.75	1:11.16	2:34.80	5:35.15	11:37.50	22:50.75
73.00	30.86	1:11.42	2:35.40	5:36.70	11:41.00	22:58.50
72.50	30.96	1:11.69	2:36.00	5:38.25	11:44.50	23:06.25
72.00	31.07	1:11.95	2:36.60	5:39.80	11:48.00	23:14.00
71.50	31.18	1:12.21	2:37.20	5:41.35	11:51.50	23:21.75
71.00	31.29	1:12.47	2:37.80	5:42.90	11:55.00	23:29.50
70.50	31.39	1:12.74	2:38.40	5:44.45	11:58.50	23:37.25
70.00	31.50	1:13.00	2:39.00	5:46.00	12:02.00	23:45.00
69.50	31.62	1:13.35	2:39.73	5:47.33	12:05.00	23:49.00
69.00	31.73	1:13.70	2:40.47	5:48.67	12:08.00	23:53.00
68.50	31.85	1:14.05	2:41.20	5:50.00	12:11.00	23:57.00
68.00	31.97	1:14.40	2:41.93	5:51.33	12:14.00	24:01.00
67.50	32.08	1:14.75	2:42.67	5:52.67	12:17.00	24:05.00
67.00	32.20	1:15.10	2:43.40	5:54.00	12:20.00	24:09.00
66.50	32.32	1:15.45	2:44.13	5:55.33	12:23.00	24:13.00
66.00	32.43	1:15.80	2:44.87	5:56.67	12:26.00	24:17.00
65.50	32.55	1:16.15	2:45.60	5:58.00	12:29.00	24:21.00
65.00	32.67	1:16.50	2:46.33	5:59.33	12:32.00	24:25.00
64.50	32.78	1:16.85	2:47.07	6:00.67	12:35.00	24:29.00
64.00	32.90	1:17.20	2:47.80	6:02.00	12:38.00	24:33.00
63.50	33.02	1:17.55	2:48.53	6:03.33	12:41.00	24:37.00
63.00	33.13	1:17.90	2:49.27	6:04.67	12:44.00	24:41.00

分值	50 米自	100 米自	200 米自	400 米自	800 米自	1500 米自
62.50	33.25	1:18.25	2:50.00	6:06.00	12:47.00	24:45.00
62.00	33.37	1:18.60	2:50.73	6:07.33	12:50.00	24:49.00
61.50	33.48	1:18.95	2:51.47	6:08.67	12:53.00	24:53.00
61.00	33.60	1:19.30	2:52.20	6:10.00	12:56.00	24:57.00
60.50	33.72	1:19.65	2:52.93	6:11.33	12:59.00	25:01.00
60.00	33.83	1:20.00	2:53.67	6:12.67	13:02.00	25:05.00
59.50	33.95	1:20.35	2:54.40	6:14.00	13:05.00	25:09.00
59.00	34.07	1:20.70	2:55.13	6:15.33	13:08.00	25:13.00
58.50	34.18	1:21.05	2:55.87	6:16.67	13:11.00	25:17.00
58.00	34.30	1:21.40	2:56.60	6:18.00	13:14.00	25:21.00
57.50	34.42	1:21.75	2:57.33	6:19.33	13:17.00	25:25.00
57.00	34.53	1:22.10	2:58.07	6:20.67	13:20.00	25:29.00
56.50	34.65	1:22.45	2:58.80	6:22.00	13:23.00	25:33.00
56.00	34.77	1:22.80	2:59.53	6:23.33	13:26.00	25:37.00
55.50	34.88	1:23.15	3:00.27	6:24.67	13:29.00	25:41.00
55.00	35.00	1:23.50	3:01.00	6:26.00	13:32.00	25:45.00
54.50	35.12	1:23.85	3:01.73	6:27.33	13:35.00	25:49.00
54.00	35.23	1:24.20	3:02.47	6:28.67	13:38.00	25:53.00
53.50	35.35	1:24.55	3:03.20	6:30.00	13:41.00	25:57.00
53.00	35.47	1:24.90	3:03.93	6:31.33	13:44.00	26:01.00
52.50	35.58	1:25.25	3:04.67	6:32.67	13:47.00	26:05.00
52.00	35.70	1:25.60	3:05.40	6:34.00	13:50.00	26:09.00
51.50	35.82	1:25.95	3:06.13	6:35.33	13:53.00	26:13.00
51.00	35.93	1:26.30	3:06.87	6:36.67	13:56.00	26:17.00
50.50	36.05	1:26.65	3:07.60	6:38.00	13:59.00	26:21.00
50.00	36.17	1:27.00	3:08.33	6:39.33	14:02.00	26:25.00
49.50	36.28	1:27.35	3:09.07	6:40.67	14:05.00	26:29.00
49.00	36.40	1:27.70	3:09.80	6:42.00	14:08.00	26:33.00
48.50	36.52	1:28.05	3:10.53	6:43.33	14:11.00	26:37.00
48.00	36.63	1:28.40	3:11.27	6:44.67	14:14.00	26:41.00
47.50	36.75	1:28.75	3:12.00	6:46.00	14:17.00	26:45.00



分值	50 米自	100 米自	200 米自	400 米自	800 米自	1500 米自
47.00	36.87	1:29.10	3:12.73	6:47.33	14:20.00	26:49.00
46.50	36.98	1:29.45	3:13.47	6:48.67	14:23.00	26:53.00
46.00	37.10	1:29.80	3:14.20	6:50.00	14:26.00	26:57.00
45.50	37.22	1:30.15	3:14.93	6:51.33	14:29.00	27:01.00
45.00	37.33	1:30.50	3:15.67	6:52.67	14:32.00	27:05.00
44.50	37.45	1:30.85	3:16.40	6:54.00	14:35.00	27:09.00
44.00	37.57	1:31.20	3:17.13	6:55.33	14:38.00	27:13.00
43.50	37.68	1:31.55	3:17.87	6:56.67	14:41.00	27:17.00
43.00	37.80	1:31.90	3:18.60	6:58.00	14:44.00	27:21.00
42.50	37.92	1:32.25	3:19.33	6:59.33	14:47.00	27:25.00
42.00	38.03	1:32.60	3:20.07	7:00.67	14:50.00	27:29.00
41.50	38.15	1:32.95	3:20.80	7:02.00	14:53.00	27:33.00
41.00	38.27	1:33.30	3:21.53	7:03.33	14:56.00	27:37.00
40.50	38.38	1:33.65	3:22.27	7:04.67	14:59.00	27:41.00
40.00	38.50	1:34.00	3:23.00	7:06.00	15:02.00	27:45.00

表 13-5 女子仰泳、蛙泳评分表（50 米池）

分值	50 米仰	100 米仰	200 米仰	50 米蛙	100 米蛙	200 米蛙
100.00	30.55	1:04.30	2:18.30	31.70	1:10.75	2:36.60
99.50	30.67	1:04.54	2:18.86	31.92	1:11.11	2:37.32
99.00	30.80	1:04.77	2:19.42	32.13	1:11.48	2:38.04
98.50	30.92	1:05.01	2:19.98	32.35	1:11.84	2:38.76
98.00	31.04	1:05.24	2:20.54	32.56	1:12.20	2:39.48
97.50	31.16	1:05.48	2:21.10	32.78	1:12.56	2:40.20
97.00	31.29	1:05.71	2:21.66	32.99	1:12.92	2:40.92
96.50	31.41	1:05.95	2:22.22	33.21	1:13.29	2:41.64
96.00	31.53	1:06.18	2:22.78	33.42	1:13.65	2:42.36
95.50	31.65	1:06.42	2:23.34	33.64	1:14.01	2:43.08
95.00	31.78	1:06.65	2:23.90	33.85	1:14.37	2:43.80
94.50	31.90	1:06.89	2:24.46	34.07	1:14.74	2:44.52
94.00	32.02	1:07.12	2:25.02	34.28	1:15.10	2:45.24

分值	50 米仰	100 米仰	200 米仰	50 米蛙	100 米蛙	200 米蛙
93.50	32.14	1:07.36	2:25.58	34.50	1:15.46	2:45.96
93.00	32.27	1:07.59	2:26.14	34.71	1:15.82	2:46.68
92.50	32.39	1:07.83	2:26.70	34.93	1:16.19	2:47.40
92.00	32.51	1:08.06	2:27.26	35.14	1:16.55	2:48.12
91.50	32.63	1:08.30	2:27.82	35.36	1:16.91	2:48.84
91.00	32.76	1:08.53	2:28.38	35.57	1:17.27	2:49.56
90.50	32.88	1:08.77	2:28.94	35.79	1:17.64	2:50.28
90.00	33.00	1:09.00	2:29.50	36.00	1:18.00	2:51.00
89.50	33.14	1:09.30	2:30.09	36.13	1:18.28	2:51.55
89.00	33.28	1:09.60	2:30.68	36.25	1:18.55	2:52.10
88.50	33.41	1:09.90	2:31.26	36.38	1:18.83	2:52.65
88.00	33.55	1:10.20	2:31.85	36.50	1:19.10	2:53.20
87.50	33.69	1:10.50	2:32.44	36.63	1:19.38	2:53.75
87.00	33.83	1:10.80	2:33.03	36.75	1:19.65	2:54.30
86.50	33.96	1:11.10	2:33.61	36.88	1:19.93	2:54.85
86.00	34.10	1:11.40	2:34.20	37.00	1:20.20	2:55.40
85.50	34.24	1:11.70	2:34.79	37.13	1:20.48	2:55.95
85.00	34.38	1:12.00	2:35.38	37.25	1:20.75	2:56.50
84.50	34.51	1:12.30	2:35.96	37.38	1:21.03	2:57.05
84.00	34.65	1:12.60	2:36.55	37.50	1:21.30	2:57.60
83.50	34.79	1:12.90	2:37.14	37.63	1:21.58	2:58.15
83.00	34.93	1:13.20	2:37.73	37.75	1:21.85	2:58.70
82.50	35.06	1:13.50	2:38.31	37.88	1:22.13	2:59.25
82.00	35.20	1:13.80	2:38.90	38.00	1:22.40	2:59.80
81.50	35.34	1:14.10	2:39.49	38.13	1:22.68	3:00.35
81.00	35.48	1:14.40	2:40.08	38.25	1:22.95	3:00.90
80.50	35.61	1:14.70	2:40.66	38.38	1:23.23	3:01.45
80.00	35.75	1:15.00	2:41.25	38.50	1:23.50	3:02.00
79.50	35.89	1:15.30	2:41.84	38.63	1:23.78	3:02.55
79.00	36.03	1:15.60	2:42.43	38.75	1:24.05	3:03.10
78.50	36.16	1:15.90	2:43.01	38.88	1:24.33	3:03.65

分值	50 米仰	100 米仰	200 米仰	50 米蛙	100 米蛙	200 米蛙
78.00	36.30	1:16.20	2:43.60	39.00	1:24.60	3:04.20
77.50	36.44	1:16.50	2:44.19	39.13	1:24.88	3:04.75
77.00	36.58	1:16.80	2:44.78	39.25	1:25.15	3:05.30
76.50	36.71	1:17.10	2:45.36	39.38	1:25.43	3:05.85
76.00	36.85	1:17.40	2:45.95	39.50	1:25.70	3:06.40
75.50	36.99	1:17.70	2:46.54	39.63	1:25.98	3:06.95
75.00	37.13	1:18.00	2:47.13	39.75	1:26.25	3:07.50
74.50	37.26	1:18.30	2:47.71	39.88	1:26.53	3:08.05
74.00	37.40	1:18.60	2:48.30	40.00	1:26.80	3:08.60
73.50	37.54	1:18.90	2:48.89	40.13	1:27.08	3:09.15
73.00	37.68	1:19.20	2:49.48	40.25	1:27.35	3:09.70
72.50	37.81	1:19.50	2:50.06	40.38	1:27.63	3:10.25
72.00	37.95	1:19.80	2:50.65	40.50	1:27.90	3:10.80
71.50	38.09	1:20.10	2:51.24	40.63	1:28.18	3:11.35
71.00	38.23	1:20.40	2:51.83	40.75	1:28.45	3:11.90
70.50	38.36	1:20.70	2:52.41	40.88	1:28.73	3:12.45
70.00	38.50	1:21.00	2:53.00	41.00	1:29.00	3:13.00
69.50	38.63	1:21.33	2:53.76	41.12	1:29.25	3:13.58
69.00	38.77	1:21.67	2:54.52	41.23	1:29.50	3:14.17
68.50	38.90	1:22.00	2:55.27	41.35	1:29.75	3:14.75
68.00	39.03	1:22.33	2:56.03	41.47	1:30.00	3:15.33
67.50	39.17	1:22.67	2:56.79	41.58	1:30.25	3:15.92
67.00	39.30	1:23.00	2:57.55	41.70	1:30.50	3:16.50
66.50	39.43	1:23.33	2:58.31	41.82	1:30.75	3:17.08
66.00	39.57	1:23.67	2:59.07	41.93	1:31.00	3:17.67
65.50	39.70	1:24.00	2:59.82	42.05	1:31.25	3:18.25
65.00	39.83	1:24.33	3:00.58	42.17	1:31.50	3:18.83
64.50	39.97	1:24.67	3:01.34	42.28	1:31.75	3:19.42
64.00	40.10	1:25.00	3:02.10	42.40	1:32.00	3:20.00
63.50	40.23	1:25.33	3:02.86	42.52	1:32.25	3:20.58
63.00	40.37	1:25.67	3:03.62	42.63	1:32.50	3:21.17

分值	50 米仰	100 米仰	200 米仰	50 米蛙	100 米蛙	200 米蛙
62.50	40.50	1:26.00	3:04.37	42.75	1:32.75	3:21.75
62.00	40.63	1:26.33	3:05.13	42.87	1:33.00	3:22.33
61.50	40.77	1:26.67	3:05.89	42.98	1:33.25	3:22.92
61.00	40.90	1:27.00	3:06.65	43.10	1:33.50	3:23.50
60.50	41.03	1:27.33	3:07.41	43.22	1:33.75	3:24.08
60.00	41.17	1:27.67	3:08.17	43.33	1:34.00	3:24.67
59.50	41.30	1:28.00	3:08.92	43.45	1:34.25	3:25.25
59.00	41.43	1:28.33	3:09.68	43.57	1:34.50	3:25.83
58.50	41.57	1:28.67	3:10.44	43.68	1:34.75	3:26.42
58.00	41.70	1:29.00	3:11.20	43.80	1:35.00	3:27.00
57.50	41.83	1:29.33	3:11.96	43.92	1:35.25	3:27.58
57.00	41.97	1:29.67	3:12.72	44.03	1:35.50	3:28.17
56.50	42.10	1:30.00	3:13.47	44.15	1:35.75	3:28.75
56.00	42.23	1:30.33	3:14.23	44.27	1:36.00	3:29.33
55.50	42.37	1:30.67	3:14.99	44.38	1:36.25	3:29.92
55.00	42.50	1:31.00	3:15.75	44.50	1:36.50	3:30.50
54.50	42.63	1:31.33	3:16.51	44.62	1:36.75	3:31.08
54.00	42.77	1:31.67	3:17.27	44.73	1:37.00	3:31.67
53.50	42.90	1:32.00	3:18.02	44.85	1:37.25	3:32.25
53.00	43.03	1:32.33	3:18.78	44.97	1:37.50	3:32.83
52.50	43.17	1:32.67	3:19.54	45.08	1:37.75	3:33.42
52.00	43.30	1:33.00	3:20.30	45.20	1:38.00	3:34.00
51.50	43.43	1:33.33	3:21.06	45.32	1:38.25	3:34.58
51.00	43.57	1:33.67	3:21.82	45.43	1:38.50	3:35.17
50.50	43.70	1:34.00	3:22.57	45.55	1:38.75	3:35.75
50.00	43.83	1:34.33	3:23.33	45.67	1:39.00	3:36.33
49.50	43.97	1:34.67	3:24.09	45.78	1:39.25	3:36.92
49.00	44.10	1:35.00	3:24.85	45.90	1:39.50	3:37.50
48.50	44.23	1:35.33	3:25.61	46.02	1:39.75	3:38.08
48.00	44.37	1:35.67	3:26.37	46.13	1:40.00	3:38.67
47.50	44.50	1:36.00	3:27.12	46.25	1:40.25	3:39.25

分值	50 米仰	100 米仰	200 米仰	50 米蛙	100 米蛙	200 米蛙
47.00	44.63	1:36.33	3:27.88	46.37	1:40.50	3:39.83
46.50	44.77	1:36.67	3:28.64	46.48	1:40.75	3:40.42
46.00	44.90	1:37.00	3:29.40	46.60	1:41.00	3:41.00
45.50	45.03	1:37.33	3:30.16	46.72	1:41.25	3:41.58
45.00	45.17	1:37.67	3:30.92	46.83	1:41.50	3:42.17
44.50	45.30	1:38.00	3:31.67	46.95	1:41.75	3:42.75
44.00	45.43	1:38.33	3:32.43	47.07	1:42.00	3:43.33
43.50	45.57	1:38.67	3:33.19	47.18	1:42.25	3:43.92
43.00	45.70	1:39.00	3:33.95	47.30	1:42.50	3:44.50
分值	50 米仰	100 米仰	200 米仰	50 米蛙	100 米蛙	200 米蛙
42.50	45.83	1:39.33	3:34.71	47.42	1:42.75	3:45.08
42.00	45.97	1:39.67	3:35.47	47.53	1:43.00	3:45.67
41.50	46.10	1:40.00	3:36.22	47.65	1:43.25	3:46.25
41.00	46.23	1:40.33	3:36.98	47.77	1:43.50	3:46.83
40.50	46.37	1:40.67	3:37.74	47.88	1:43.75	3:47.42
40.00	46.50	1:41.00	3:38.50	48.00	1:44.00	3:48.00

表 13-6 女子蝶泳、混合泳评分表（50 米池）

分值	50 米蝶	100 米蝶	200 米蝶	200 米混	400 米混
100.00	27.50	1:00.50	2:14.20	2:18.40	4:56.80
99.50	27.65	1:00.88	2:14.74	2:18.98	4:57.86
99.00	27.80	1:01.25	2:15.28	2:19.56	4:58.92
98.50	27.95	1:01.63	2:15.82	2:20.14	4:59.98
98.00	28.10	1:02.00	2:16.36	2:20.72	5:01.04
97.50	28.25	1:02.38	2:16.90	2:21.30	5:02.10
97.00	28.40	1:02.75	2:17.44	2:21.88	5:03.16
96.50	28.55	1:03.13	2:17.98	2:22.46	5:04.22
96.00	28.70	1:03.50	2:18.52	2:23.04	5:05.28
95.50	28.85	1:03.88	2:19.06	2:23.62	5:06.34
95.00	29.00	1:04.25	2:19.60	2:24.20	5:07.40
94.50	29.15	1:04.63	2:20.14	2:24.78	5:08.46

分值	50 米蝶	100 米蝶	200 米蝶	200 米混	400 米混
94.00	29.30	1:05.00	2:20.68	2:25.36	5:09.52
93.50	29.45	1:05.38	2:21.22	2:25.94	5:10.58
93.00	29.60	1:05.75	2:21.76	2:26.52	5:11.64
92.50	29.75	1:06.13	2:22.30	2:27.10	5:12.70
92.00	29.90	1:06.50	2:22.84	2:27.68	5:13.76
91.50	30.05	1:06.88	2:23.38	2:28.26	5:14.82
91.00	30.20	1:07.25	2:23.92	2:28.84	5:15.88
90.50	30.35	1:07.63	2:24.46	2:29.42	5:16.94
90.00	30.50	1:08.00	2:25.00	2:30.00	5:18.00
89.50	30.65	1:08.30	2:25.74	2:30.70	5:19.58
89.00	30.80	1:08.60	2:26.47	2:31.40	5:21.15
88.50	30.95	1:08.90	2:27.21	2:32.10	5:22.73
88.00	31.10	1:09.20	2:27.95	2:32.80	5:24.30
87.50	31.25	1:09.50	2:28.69	2:33.50	5:25.88
87.00	31.40	1:09.80	2:29.42	2:34.20	5:27.45
86.50	31.55	1:10.10	2:30.16	2:34.90	5:29.03
86.00	31.70	1:10.40	2:30.90	2:35.60	5:30.60
85.50	31.85	1:10.70	2:31.64	2:36.30	5:32.18
85.00	32.00	1:11.00	2:32.37	2:37.00	5:33.75
84.50	32.15	1:11.30	2:33.11	2:37.70	5:35.33
84.00	32.30	1:11.60	2:33.85	2:38.40	5:36.90
83.50	32.45	1:11.90	2:34.59	2:39.10	5:38.48
83.00	32.60	1:12.20	2:35.32	2:39.80	5:40.05
82.50	32.75	1:12.50	2:36.06	2:40.50	5:41.63
82.00	32.90	1:12.80	2:36.80	2:41.20	5:43.20
81.50	33.05	1:13.10	2:37.54	2:41.90	5:44.78
81.00	33.20	1:13.40	2:38.27	2:42.60	5:46.35
80.50	33.35	1:13.70	2:39.01	2:43.30	5:47.93
80.00	33.50	1:14.00	2:39.75	2:44.00	5:49.50
79.50	33.65	1:14.30	2:40.49	2:44.70	5:51.08
79.00	33.80	1:14.60	2:41.22	2:45.40	5:52.65

分值	50 米蝶	100 米蝶	200 米蝶	200 米混	400 米混
78.50	33.95	1:14.90	2:41.96	2:46.10	5:54.22
78.00	34.10	1:15.20	2:42.70	2:46.80	5:55.80
77.50	34.25	1:15.50	2:43.44	2:47.50	5:57.37
77.00	34.40	1:15.80	2:44.17	2:48.20	5:58.95
76.50	34.55	1:16.10	2:44.91	2:48.90	6:00.52
76.00	34.70	1:16.40	2:45.65	2:49.60	6:02.10
75.50	34.85	1:16.70	2:46.39	2:50.30	6:03.67
75.00	35.00	1:17.00	2:47.12	2:51.00	6:05.25
74.50	35.15	1:17.30	2:47.86	2:51.70	6:06.82
74.00	35.30	1:17.60	2:48.60	2:52.40	6:08.40
73.50	35.45	1:17.90	2:49.34	2:53.10	6:09.97
73.00	35.60	1:18.20	2:50.07	2:53.80	6:11.55
72.50	35.75	1:18.50	2:50.81	2:54.50	6:13.12
72.00	35.90	1:18.80	2:51.55	2:55.20	6:14.70
71.50	36.05	1:19.10	2:52.29	2:55.90	6:16.27
71.00	36.20	1:19.40	2:53.02	2:56.60	6:17.85
70.50	36.35	1:19.70	2:53.76	2:57.30	6:19.42
70.00	36.50	1:20.00	2:54.50	2:58.00	6:21.00
69.50	36.65	1:20.32	2:55.22	2:58.83	6:22.75
69.00	36.80	1:20.63	2:55.95	2:59.67	6:24.50
68.50	36.95	1:20.95	2:56.67	3:00.50	6:26.25
68.00	37.10	1:21.27	2:57.40	3:01.33	6:28.00
67.50	37.25	1:21.58	2:58.12	3:02.17	6:29.75
67.00	37.40	1:21.90	2:58.85	3:03.00	6:31.50
66.50	37.55	1:22.22	2:59.57	3:03.83	6:33.25
66.00	37.70	1:22.53	3:00.30	3:04.67	6:35.00
65.50	37.85	1:22.85	3:01.02	3:05.50	6:36.75
65.00	38.00	1:23.17	3:01.75	3:06.33	6:38.50
64.50	38.15	1:23.48	3:02.47	3:07.17	6:40.25
64.00	38.30	1:23.80	3:03.20	3:08.00	6:42.00
63.50	38.45	1:24.12	3:03.92	3:08.83	6:43.75

分值	50 米蝶	100 米蝶	200 米蝶	200 米混	400 米混
63.00	38.60	1:24.43	3:04.65	3:09.67	6:45.50
62.50	38.75	1:24.75	3:05.37	3:10.50	6:47.25
62.00	38.90	1:25.07	3:06.10	3:11.33	6:49.00
61.50	39.05	1:25.38	3:06.82	3:12.17	6:50.75
61.00	39.20	1:25.70	3:07.55	3:13.00	6:52.50
60.50	39.35	1:26.02	3:08.27	3:13.83	6:54.25
60.00	39.50	1:26.33	3:09.00	3:14.67	6:56.00
59.50	39.65	1:26.65	3:09.72	3:15.50	6:57.75
59.00	39.80	1:26.97	3:10.45	3:16.33	6:59.50
58.50	39.95	1:27.28	3:11.17	3:17.17	7:01.25
58.00	40.10	1:27.60	3:11.90	3:18.00	7:03.00
57.50	40.25	1:27.92	3:12.62	3:18.83	7:04.75
57.00	40.40	1:28.23	3:13.35	3:19.67	7:06.50
56.50	40.55	1:28.55	3:14.07	3:20.50	7:08.25
56.00	40.70	1:28.87	3:14.80	3:21.33	7:10.00
55.50	40.85	1:29.18	3:15.52	3:22.17	7:11.75
55.00	41.00	1:29.50	3:16.25	3:23.00	7:13.50
54.50	41.15	1:29.82	3:16.97	3:23.83	7:15.25
54.00	41.30	1:30.13	3:17.70	3:24.67	7:17.00
53.50	41.45	1:30.45	3:18.42	3:25.50	7:18.75
53.00	41.60	1:30.77	3:19.15	3:26.33	7:20.50
52.50	41.75	1:31.08	3:19.87	3:27.17	7:22.25
52.00	41.90	1:31.40	3:20.60	3:28.00	7:24.00
51.50	42.05	1:31.72	3:21.32	3:28.83	7:25.75
51.00	42.20	1:32.03	3:22.05	3:29.67	7:27.50
50.50	42.35	1:32.35	3:22.77	3:30.50	7:29.25
50.00	42.50	1:32.67	3:23.50	3:31.33	7:31.00
49.50	42.65	1:32.98	3:24.22	3:32.17	7:32.75
49.00	42.80	1:33.30	3:24.95	3:33.00	7:34.50
48.50	42.95	1:33.62	3:25.67	3:33.83	7:36.25
48.00	43.10	1:33.93	3:26.40	3:34.67	7:38.00



分值	50 米蝶	100 米蝶	200 米蝶	200 米混	400 米混
47.50	43.25	1:34.25	3:27.12	3:35.50	7:39.75
47.00	43.40	1:34.57	3:27.85	3:36.33	7:41.50
46.50	43.55	1:34.88	3:28.57	3:37.17	7:43.25
46.00	43.70	1:35.20	3:29.30	3:38.00	7:45.00
45.50	43.85	1:35.52	3:30.02	3:38.83	7:46.75
45.00	44.00	1:35.83	3:30.75	3:39.67	7:48.50
44.50	44.15	1:36.15	3:31.47	3:40.50	7:50.25
44.00	44.30	1:36.47	3:32.20	3:41.33	7:52.00
43.50	44.45	1:36.78	3:32.92	3:42.17	7:53.75
43.00	44.60	1:37.10	3:33.65	3:43.00	7:55.50
42.50	44.75	1:37.42	3:34.37	3:43.83	7:57.25
42.00	44.90	1:37.73	3:35.10	3:44.67	7:59.00
41.50	45.05	1:38.05	3:35.82	3:45.50	8:00.75
41.00	45.20	1:38.37	3:36.55	3:46.33	8:02.50
40.50	45.35	1:38.68	3:37.27	3:47.17	8:04.25
40.00	45.50	1:39.00	3:38.00	3:48.00	8:06.00

表 13-7 男子自由泳评分表 (25 米池)

分值	50 米自	100 米自	200 米自	400 米自	800 米自	1500 米自
100	22.28	50.00	1:48.05	3:51.60	8:10.00	15:35.30
99.5	22.34	50.20	1:48.62	3:52.72	8:11.90	15:39.29
99	22.40	50.40	1:49.19	3:53.84	8:13.80	15:43.27
98.5	22.46	50.60	1:49.77	3:54.96	8:15.70	15:47.26
98	22.52	50.80	1:50.34	3:56.08	8:17.60	15:51.24
97.5	22.59	51.00	1:50.91	3:57.20	8:19.50	15:55.23
97	22.65	51.20	1:51.49	3:58.32	8:21.40	15:59.21
96.5	22.71	51.40	1:52.06	3:59.44	8:23.30	16:03.20
96	22.77	51.60	1:52.63	4:00.56	8:25.20	16:07.18
95.5	22.83	51.80	1:53.20	4:01.68	8:27.10	16:11.17
95	22.89	52.00	1:53.78	4:02.80	8:29.00	16:15.15
94.5	22.95	52.20	1:54.35	4:03.92	8:30.90	16:19.14

分值	50 米自	100 米自	200 米自	400 米自	800 米自	1500 米自
94	23.01	52.40	1:54.92	4:05.04	8:32.80	16:23.12
93.5	23.07	52.60	1:55.49	4:06.16	8:34.70	16:27.11
93	23.13	52.80	1:56.07	4:07.28	8:36.60	16:31.09
92.5	23.20	53.00	1:56.64	4:08.40	8:38.50	16:35.08
92	23.26	53.20	1:57.21	4:09.52	8:40.40	16:39.06
91.5	23.32	53.40	1:57.78	4:10.64	8:42.30	16:43.05
91	23.38	53.60	1:58.36	4:11.76	8:44.20	16:47.03
90.5	23.44	53.80	1:58.93	4:12.88	8:46.10	16:51.02
90	23.50	54.00	1:59.50	4:14.00	8:48.00	16:54.00
89.5	23.58	54.24	2:00.00	4:15.12	8:50.25	16:59.37
89	23.65	54.48	2:00.50	4:16.25	8:52.50	17:03.75
88.5	23.73	54.71	2:01.00	4:17.37	8:54.75	17:08.12
88	23.80	54.95	2:01.50	4:18.50	8:57.00	17:12.50
87.5	23.88	55.19	2:02.00	4:19.62	8:59.25	17:16.88
87	23.95	55.43	2:02.50	4:20.75	9:01.50	17:21.25
86.5	24.03	55.66	2:03.00	4:21.87	9:03.75	17:25.63
86	24.10	55.90	2:03.50	4:23.00	9:06.00	17:30.00
85.5	24.18	56.14	2:04.00	4:24.12	9:08.25	17:34.38
85	24.25	56.38	2:04.50	4:25.25	9:10.50	17:38.75
84.5	24.33	56.61	2:05.00	4:26.37	9:12.75	17:43.13
84	24.40	56.85	2:05.50	4:27.50	9:15.00	17:47.50
83.5	24.48	57.09	2:06.00	4:28.62	9:17.25	17:51.88
83	24.55	57.33	2:06.50	4:29.75	9:19.50	17:56.25
82.5	24.63	57.56	2:07.00	4:30.87	9:21.75	18:00.63
82	24.70	57.80	2:07.50	4:32.00	9:24.00	18:05.00
81.5	24.78	58.04	2:08.00	4:33.12	9:26.25	18:09.38
81	24.85	58.28	2:08.50	4:34.25	9:28.50	18:13.75
80.5	24.93	58.51	2:09.00	4:35.37	9:30.75	18:18.13
80	25.00	58.75	2:09.50	4:36.50	9:33.00	18:22.50
79.5	25.08	58.99	2:10.00	4:37.62	9:35.25	18:26.88

分值	50 米自	100 米自	200 米自	400 米自	800 米自	1500 米自
79	25.15	59.23	2:10.50	4:38.75	9:37.50	18:31.25
78.5	25.23	59.46	2:11.00	4:39.87	9:39.75	18:35.63
78	25.30	59.70	2:11.50	4:41.00	9:42.00	18:40.00
77.5	25.38	59.94	2:12.00	4:42.12	9:44.25	18:44.38
77	25.45	1:00.18	2:12.50	4:43.25	9:46.50	18:48.75
76.5	25.53	1:00.41	2:13.00	4:44.37	9:48.75	18:53.13
76	25.60	1:00.65	2:13.50	4:45.50	9:51.00	18:57.50
75.5	25.68	1:00.89	2:14.00	4:46.62	9:53.25	19:01.88
75	25.75	1:01.13	2:14.50	4:47.75	9:55.50	19:06.25
74.5	25.83	1:01.36	2:15.00	4:48.87	9:57.75	19:10.63
74	25.90	1:01.60	2:15.50	4:50.00	10:00.00	19:15.00
73.5	25.98	1:01.84	2:16.00	4:51.12	10:02.25	19:19.38
73	26.05	1:02.08	2:16.50	4:52.25	10:04.50	19:23.75
72.5	26.13	1:02.31	2:17.00	4:53.37	10:06.75	19:28.13
72	26.20	1:02.55	2:17.50	4:54.50	10:09.00	19:32.50
71.5	26.28	1:02.79	2:18.00	4:55.62	10:11.25	19:36.88
71	26.35	1:03.03	2:18.50	4:56.75	10:13.50	19:41.25
70.5	26.43	1:03.26	2:19.00	4:57.87	10:15.75	19:45.63
70	26.50	1:03.50	2:19.50	4:59.00	10:18.00	19:50.00
69.5	26.62	1:03.78	2:20.05	5:02.67	10:20.67	19:54.50
69	26.73	1:04.07	2:20.60	5:03.83	10:23.33	19:59.00
68.5	26.85	1:04.35	2:21.15	5:05.00	10:26.00	20:03.50
68	26.97	1:04.63	2:21.70	5:06.17	10:28.67	20:08.00
67.5	27.08	1:04.92	2:22.25	5:07.33	10:31.33	20:12.50
67	27.20	1:05.20	2:22.80	5:08.50	10:34.00	20:17.00
66.5	27.32	1:05.48	2:23.35	5:09.67	10:36.67	20:21.50
66	27.43	1:05.77	2:23.90	5:10.83	10:39.33	20:26.00
65.5	27.55	1:06.05	2:24.45	5:12.00	10:42.00	20:30.50
65	27.67	1:06.33	2:25.00	5:13.17	10:44.67	20:35.00
64.5	27.78	1:06.62	2:25.55	5:14.33	10:47.33	20:39.50

分值	50 米自	100 米自	200 米自	400 米自	800 米自	1500 米自
64	27.90	1:06.90	2:26.10	5:15.50	10:50.00	20:44.00
63.5	28.02	1:07.18	2:26.65	5:16.67	10:52.67	20:48.50
63	28.13	1:07.47	2:27.20	5:17.83	10:55.33	20:53.00
62.5	28.25	1:07.75	2:27.75	5:19.00	10:58.00	20:57.50
62	28.37	1:08.03	2:28.30	5:20.17	11:00.67	21:02.00
61.5	28.48	1:08.32	2:28.85	5:21.33	11:03.33	21:06.50
61	28.60	1:08.60	2:29.40	5:22.50	11:06.00	21:11.00
60.5	28.72	1:08.88	2:29.95	5:23.67	11:08.67	21:15.50
60	28.83	1:09.17	2:30.50	5:24.83	11:11.33	21:20.00
59.5	28.95	1:09.45	2:31.05	5:26.00	11:14.00	21:24.50
59	29.07	1:09.73	2:31.60	5:27.17	11:16.67	21:29.00
58.5	29.18	1:10.02	2:32.15	5:28.33	11:19.33	21:33.50
58	29.30	1:10.30	2:32.70	5:29.50	11:22.00	21:38.00
57.5	29.42	1:10.58	2:33.25	5:30.67	11:24.67	21:42.50
57	29.53	1:10.87	2:33.80	5:31.83	11:27.33	21:47.00
56.5	29.65	1:11.15	2:34.35	5:33.00	11:30.00	21:51.50
56	29.77	1:11.43	2:34.90	5:34.17	11:32.67	21:56.00
55.5	29.88	1:11.72	2:35.45	5:35.33	11:35.33	22:00.50
55	30.00	1:12.00	2:36.00	5:36.50	11:38.00	22:05.00
54.5	30.12	1:12.28	2:36.55	5:37.67	11:40.67	22:09.50
54	30.23	1:12.57	2:37.10	5:38.83	11:43.33	22:14.00
53.5	30.35	1:12.85	2:37.65	5:40.00	11:46.00	22:18.50
53	30.47	1:13.13	2:38.20	5:41.17	11:48.67	22:23.00
52.5	30.58	1:13.42	2:38.75	5:42.33	11:51.33	22:27.50
52	30.70	1:13.70	2:39.30	5:43.50	11:54.00	22:32.00
51.5	30.82	1:13.98	2:39.85	5:44.67	11:56.67	22:36.50
51	30.93	1:14.27	2:40.40	5:45.83	11:59.33	22:41.00
50.5	31.05	1:14.55	2:40.95	5:47.00	12:02.00	22:45.50
50	31.17	1:14.83	2:41.50	5:48.17	12:04.67	22:50.00
49.5	31.28	1:15.12	2:42.05	5:49.33	12:07.33	22:54.50

分值	50 米自	100 米自	200 米自	400 米自	800 米自	1500 米自
49	31.40	1:15.40	2:42.60	5:50.50	12:10.00	22:59.00
48.5	31.52	1:15.68	2:43.15	5:51.67	12:12.67	23:03.50
48	31.63	1:15.97	2:43.70	5:52.83	12:15.33	23:08.00
47.5	31.75	1:16.25	2:44.25	5:54.00	12:18.00	23:12.50
47	31.87	1:16.53	2:44.80	5:55.17	12:20.67	23:17.00
46.5	31.98	1:16.82	2:45.35	5:56.33	12:23.33	23:21.50
46	32.10	1:17.10	2:45.90	5:57.50	12:26.00	23:26.00
45.5	32.22	1:17.38	2:46.45	5:58.67	12:28.67	23:30.50
45	32.33	1:17.67	2:47.00	5:59.83	12:31.33	23:35.00
44.5	32.45	1:17.95	2:47.55	6:01.00	12:34.00	23:39.50
44	32.57	1:18.23	2:48.10	6:02.17	12:36.67	23:44.00
43.5	32.68	1:18.52	2:48.65	6:03.33	12:39.33	23:48.50
43	32.80	1:18.80	2:49.20	6:04.50	12:42.00	23:53.00
42.5	32.92	1:19.08	2:49.75	6:05.67	12:44.67	23:57.50
42	33.03	1:19.37	2:50.30	6:06.83	12:47.33	24:02.00
41.5	33.15	1:19.65	2:50.85	6:08.00	12:50.00	24:06.50
41	33.27	1:19.93	2:51.40	6:09.17	12:52.67	24:11.00
40.5	33.38	1:20.22	2:51.95	6:10.33	12:55.33	24:15.50
40	33.50	1:20.50	2:52.50	6:11.50	12:58.00	24:20.00

表 13-8 男子仰泳、蛙泳评分表（25 米池）

分值	50 米仰	100 米仰	200 米仰	50 米蛙	100 米蛙	200 米蛙
100	26.43	57.45	2:04.45	27.75	1:01.80	2:17.90
99.5	26.58	57.73	2:05.03	27.94	1:02.16	2:18.55
99	26.74	58.01	2:05.61	28.13	1:02.52	2:19.21
98.5	26.89	58.28	2:06.18	28.31	1:02.88	2:19.86
98	27.04	58.56	2:06.76	28.50	1:03.24	2:20.52
97.5	27.20	58.84	2:07.34	28.69	1:03.60	2:21.18
97	27.35	59.12	2:07.92	28.88	1:03.96	2:21.83
96.5	27.50	59.39	2:08.49	29.06	1:04.32	2:22.49
96	27.66	59.67	2:09.07	29.25	1:04.68	2:23.14

分值	50 米仰	100 米仰	200 米仰	50 米蛙	100 米蛙	200 米蛙
95.5	27.81	59.95	2:09.65	29.44	1:05.04	2:23.80
95	27.97	1:00.23	2:10.22	29.63	1:05.40	2:24.45
94.5	28.12	1:00.50	2:10.80	29.81	1:05.76	2:25.11
94	28.27	1:00.78	2:11.38	30.00	1:06.12	2:25.76
93.5	28.43	1:01.06	2:11.96	30.19	1:06.48	2:26.42
93	28.58	1:01.34	2:12.53	30.38	1:06.84	2:27.07
92.5	28.73	1:01.61	2:13.11	30.56	1:07.20	2:27.73
92	28.89	1:01.89	2:13.69	30.75	1:07.56	2:28.38
91.5	29.04	1:02.17	2:14.27	30.94	1:07.92	2:29.03
91	29.19	1:02.45	2:14.84	31.13	1:08.28	2:29.69
90.5	29.35	1:02.72	2:15.42	31.31	1:08.64	2:30.35
90	29.50	1:03.00	2:16.00	31.50	1:09.00	2:31.00
89.5	29.63	1:03.25	2:16.58	31.61	1:09.23	2:31.47
89	29.75	1:03.50	2:17.15	31.73	1:09.45	2:31.95
88.5	29.88	1:03.75	2:17.72	31.84	1:09.68	2:32.43
88	30.00	1:04.00	2:18.30	31.95	1:09.90	2:32.90
87.5	30.13	1:04.25	2:18.87	32.06	1:10.13	2:33.38
87	30.25	1:04.50	2:19.45	32.18	1:10.35	2:33.85
86.5	30.38	1:04.75	2:20.02	32.29	1:10.58	2:34.32
86	30.50	1:05.00	2:20.60	32.40	1:10.80	2:34.80
85.5	30.63	1:05.25	2:21.18	32.51	1:11.03	2:35.28
85	30.75	1:05.50	2:21.75	32.63	1:11.25	2:35.75
84.5	30.88	1:05.75	2:22.32	32.74	1:11.48	2:36.23
84	31.00	1:06.00	2:22.90	32.85	1:11.70	2:36.70
83.5	31.13	1:06.25	2:23.48	32.96	1:11.93	2:37.18
83	31.25	1:06.50	2:24.05	33.08	1:12.15	2:37.65
82.5	31.38	1:06.75	2:24.62	33.19	1:12.38	2:38.13
82	31.50	1:07.00	2:25.20	33.30	1:12.60	2:38.60
81.5	31.63	1:07.25	2:25.78	33.41	1:12.83	2:39.08
81	31.75	1:07.50	2:26.35	33.52	1:13.05	2:39.55

分值	50 米仰	100 米仰	200 米仰	50 米蛙	100 米蛙	200 米蛙
80.5	31.88	1:07.75	2:26.93	33.64	1:13.28	2:40.03
80	32.00	1:08.00	2:27.50	33.75	1:13.50	2:40.50
79.5	32.13	1:08.25	2:28.08	33.86	1:13.73	2:40.98
79	32.25	1:08.50	2:28.65	33.97	1:13.95	2:41.45
78.5	32.38	1:08.75	2:29.23	34.09	1:14.18	2:41.93
78	32.50	1:09.00	2:29.80	34.20	1:14.40	2:42.40
77.5	32.63	1:09.25	2:30.38	34.31	1:14.63	2:42.88
77	32.75	1:09.50	2:30.95	34.42	1:14.85	2:43.35
76.5	32.88	1:09.75	2:31.53	34.54	1:15.07	2:43.83
76	33.00	1:10.00	2:32.10	34.65	1:15.30	2:44.30
75.5	33.13	1:10.25	2:32.68	34.76	1:15.52	2:44.78
75	33.25	1:10.50	2:33.25	34.87	1:15.75	2:45.25
74.5	33.38	1:10.75	2:33.83	34.99	1:15.97	2:45.73
74	33.50	1:11.00	2:34.40	35.10	1:16.20	2:46.20
73.5	33.63	1:11.25	2:34.98	35.21	1:16.42	2:46.68
73	33.75	1:11.50	2:35.55	35.32	1:16.65	2:47.15
72.5	33.88	1:11.75	2:36.13	35.44	1:16.87	2:47.63
72	34.00	1:12.00	2:36.70	35.55	1:17.10	2:48.10
71.5	34.13	1:12.25	2:37.28	35.66	1:17.32	2:48.58
71	34.25	1:12.50	2:37.85	35.77	1:17.55	2:49.05
70.5	34.38	1:12.75	2:38.43	35.89	1:17.77	2:49.53
70	34.50	1:13.00	2:39.00	36.00	1:18.00	2:50.00
69.5	34.63	1:13.27	2:38.58	36.12	1:18.23	2:50.48
69	34.75	1:13.53	2:39.17	36.23	1:18.47	2:50.97
68.5	34.88	1:13.80	2:39.75	36.35	1:18.70	2:51.45
68	35.00	1:14.07	2:40.33	36.47	1:18.93	2:51.93
67.5	35.13	1:14.33	2:40.92	36.58	1:19.17	2:52.42
67	35.25	1:14.60	2:41.50	36.70	1:19.40	2:52.90
66.5	35.38	1:14.87	2:42.08	36.82	1:19.63	2:53.38
66	35.50	1:15.13	2:42.67	36.93	1:19.87	2:53.87

分值	50 米仰	100 米仰	200 米仰	50 米蛙	100 米蛙	200 米蛙
65.5	35.63	1:15.40	2:43.25	37.05	1:20.10	2:54.35
65	35.75	1:15.67	2:43.83	37.17	1:20.33	2:54.83
64.5	35.88	1:15.93	2:44.42	37.28	1:20.57	2:55.32
64	36.00	1:16.20	2:45.00	37.40	1:20.80	2:55.80
63.5	36.13	1:16.47	2:45.58	37.52	1:21.03	2:56.28
63	36.25	1:16.73	2:46.17	37.63	1:21.27	2:56.77
62.5	36.38	1:17.00	2:46.75	37.75	1:21.50	2:57.25
62	36.50	1:17.27	2:47.33	37.87	1:21.73	2:57.73
61.5	36.63	1:17.53	2:47.92	37.98	1:21.97	2:58.22
61	36.75	1:17.80	2:48.50	38.10	1:22.20	2:58.70
60.5	36.88	1:18.07	2:49.08	38.22	1:22.43	2:59.18
60	37.00	1:18.33	2:49.67	38.33	1:22.67	2:59.67
59.5	37.13	1:18.60	2:50.25	38.45	1:22.90	3:00.15
59	37.25	1:18.87	2:50.83	38.57	1:23.13	3:00.63
58.5	37.38	1:19.13	2:51.42	38.68	1:23.37	3:01.12
58	37.50	1:19.40	2:52.00	38.80	1:23.60	3:01.60
57.5	37.63	1:19.67	2:52.58	38.92	1:23.83	3:02.08
57	37.75	1:19.93	2:53.17	39.03	1:24.07	3:02.57
56.5	37.88	1:20.20	2:53.75	39.15	1:24.30	3:03.05
56	38.00	1:20.47	2:54.33	39.27	1:24.53	3:03.53
55.5	38.13	1:20.73	2:54.92	39.38	1:24.77	3:04.02
55	38.25	1:21.00	2:55.50	39.50	1:25.00	3:04.50
54.5	38.38	1:21.27	2:56.08	39.62	1:25.23	3:04.98
54	38.50	1:21.53	2:56.67	39.73	1:25.47	3:05.47
53.5	38.63	1:21.80	2:57.25	39.85	1:25.70	3:05.95
53	38.75	1:22.07	2:57.83	39.97	1:25.93	3:06.43
52.5	38.88	1:22.33	2:58.42	40.08	1:26.17	3:06.92
52	39.00	1:22.60	2:59.00	40.20	1:26.40	3:07.40
51.5	39.13	1:22.87	2:59.58	40.32	1:26.63	3:07.88
51	39.25	1:23.13	3:00.17	40.43	1:26.87	3:08.37



分值	50 米仰	100 米仰	200 米仰	50 米蛙	100 米蛙	200 米蛙
50.5	39.38	1:23.40	3:00.75	40.55	1:27.10	3:08.85
50	39.50	1:23.67	3:01.33	40.67	1:27.33	3:09.33
49.5	39.63	1:23.93	3:01.92	40.78	1:27.57	3:09.82
49	39.75	1:24.20	3:02.50	40.90	1:27.80	3:10.30
48.5	39.88	1:24.47	3:03.08	41.02	1:28.03	3:10.78
48	40.00	1:24.73	3:03.67	41.13	1:28.27	3:11.27
47.5	40.13	1:25.00	3:04.25	41.25	1:28.50	3:11.75
47	40.25	1:25.27	3:04.83	41.37	1:28.73	3:12.23
46.5	40.38	1:25.53	3:05.42	41.48	1:28.97	3:12.72
46	40.50	1:25.80	3:06.00	41.60	1:29.20	3:13.20
45.5	40.63	1:26.07	3:06.58	41.72	1:29.43	3:13.68
45	40.75	1:26.33	3:07.17	41.83	1:29.67	3:14.17
44.5	40.88	1:26.60	3:07.75	41.95	1:29.90	3:14.65
44	41.00	1:26.87	3:08.33	42.07	1:30.13	3:15.13
43.5	41.13	1:27.13	3:08.92	42.18	1:30.37	3:15.62
43	41.25	1:27.40	3:09.50	42.30	1:30.60	3:16.10
42.5	41.38	1:27.67	3:10.08	42.42	1:30.83	3:16.58
42	41.50	1:27.93	3:10.67	42.53	1:31.07	3:17.07
41.5	41.63	1:28.20	3:11.25	42.65	1:31.30	3:17.55
41	41.75	1:28.47	3:11.83	42.77	1:31.53	3:18.03
40.5	41.88	1:28.73	3:12.42	42.88	1:31.77	3:18.52
40	42.00	1:29.00	3:13.00	43.00	1:32.00	3:19.00

表 13-9 男子蝶泳、混合泳评分表（25 米池）

分值	50 米蝶	100 米蝶	200 米蝶	200 米混	400 米混
100	23.89	53.95	1:59.70	2:05.20	4:25.20
99.5	24.00	54.18	2:00.27	2:05.74	4:26.55
99	24.10	54.41	2:00.83	2:06.28	4:27.91
98.5	24.21	54.63	2:01.39	2:06.82	4:29.26
98	24.31	54.86	2:01.96	2:07.36	4:30.62
97.5	24.42	55.09	2:02.52	2:07.90	4:31.97

分值	50 米蝶	100 米蝶	200 米蝶	200 米混	400 米混
97	24.52	55.32	2:03.09	2:08.44	4:33.33
96.5	24.63	55.54	2:03.65	2:08.98	4:34.68
96	24.73	55.77	2:04.22	2:09.52	4:36.04
95.5	24.84	56.00	2:04.78	2:10.06	4:37.39
95	24.95	56.23	2:05.35	2:10.60	4:38.75
94.5	25.05	56.45	2:05.91	2:11.14	4:40.10
94	25.16	56.68	2:06.48	2:11.68	4:41.46
93.5	25.26	56.91	2:07.04	2:12.22	4:42.81
93	25.37	57.14	2:07.61	2:12.76	4:44.17
92.5	25.47	57.36	2:08.17	2:13.30	4:45.52
92	25.58	57.59	2:08.74	2:13.84	4:46.88
91.5	25.68	57.82	2:09.30	2:14.38	4:48.23
91	25.79	58.05	2:09.87	2:14.92	4:49.59
90.5	25.89	58.27	2:10.43	2:15.46	4:50.94
90	26.00	58.50	2:11.00	2:16.00	4:52.00
89.5	26.14	58.78	2:11.60	2:16.53	4:53.12
89	26.28	59.05	2:12.20	2:17.05	4:53.93
88.5	26.41	59.33	2:12.80	2:17.58	4:54.75
88	26.55	59.60	2:13.40	2:18.10	4:55.57
87.5	26.69	59.88	2:14.00	2:18.63	4:56.39
87	26.83	1:00.15	2:14.60	2:19.15	4:57.20
86.5	26.96	1:00.43	2:15.20	2:19.68	4:58.02
86	27.10	1:00.70	2:15.80	2:20.20	4:58.84
85.5	27.24	1:00.98	2:16.40	2:20.73	4:59.66
85	27.38	1:01.25	2:17.00	2:21.25	5:00.47
84.5	27.51	1:01.53	2:17.60	2:21.78	5:01.29
84	27.65	1:01.80	2:18.20	2:22.30	5:02.11
83.5	27.79	1:02.08	2:18.80	2:22.83	5:02.93
83	27.93	1:02.35	2:19.40	2:23.35	5:03.74
82.5	28.06	1:02.63	2:20.00	2:23.88	5:04.56
82	28.20	1:02.90	2:20.60	2:24.40	5:05.38

分值	50 米蝶	100 米蝶	200 米蝶	200 米混	400 米混
81.5	28.34	1:03.18	2:21.20	2:24.93	5:06.20
81	28.48	1:03.45	2:21.80	2:25.45	5:07.01
80.5	28.61	1:03.73	2:22.40	2:25.98	5:07.83
80	28.75	1:04.00	2:23.00	2:26.50	5:08.65
79.5	28.89	1:04.28	2:23.60	2:27.03	5:09.47
79	29.03	1:04.55	2:24.20	2:27.55	5:10.28
78.5	29.16	1:04.83	2:24.80	2:28.08	5:11.10
78	29.30	1:05.10	2:25.40	2:28.60	5:11.92
77.5	29.44	1:05.38	2:26.00	2:29.13	5:12.74
77	29.58	1:05.65	2:26.60	2:29.65	5:13.55
76.5	29.71	1:05.93	2:27.20	2:30.18	5:14.37
76	29.85	1:06.20	2:27.80	2:30.70	5:15.19
75.5	29.99	1:06.48	2:28.40	2:31.23	5:16.01
75	30.13	1:06.75	2:29.00	2:31.75	5:16.82
74.5	30.26	1:07.03	2:29.60	2:32.28	5:17.64
74	30.40	1:07.30	2:30.20	2:32.80	5:18.46
73.5	30.54	1:07.58	2:30.80	2:33.33	5:19.28
73	30.68	1:07.85	2:31.40	2:33.85	5:20.09
72.5	30.81	1:08.13	2:32.00	2:34.38	5:20.91
72	30.95	1:08.40	2:32.60	2:34.90	5:21.73
71.5	31.09	1:08.68	2:33.20	2:35.43	5:22.55
71	31.23	1:08.95	2:33.80	2:35.95	5:23.36
70.5	31.36	1:09.23	2:34.40	2:36.48	5:24.18
70	31.50	1:09.50	2:35.00	2:37.00	5:25.00
69.5	31.65	1:09.80	2:35.67	2:37.58	5:26.42
69	31.80	1:10.10	2:36.33	2:38.17	5:27.84
68.5	31.95	1:10.40	2:37.00	2:38.75	5:29.26
68	32.10	1:10.70	2:37.67	2:39.33	5:30.68
67.5	32.25	1:11.00	2:38.33	2:39.92	5:32.10
67	32.40	1:11.30	2:39.00	2:40.50	5:33.52
66.5	32.55	1:11.60	2:39.67	2:41.08	5:34.94

分值	50 米蝶	100 米蝶	200 米蝶	200 米混	400 米混
66	32.70	1:11.90	2:40.33	2:41.67	5:36.36
65.5	32.85	1:12.20	2:41.00	2:42.25	5:37.78
65	33.00	1:12.50	2:41.67	2:42.83	5:39.20
64.5	33.15	1:12.80	2:42.33	2:43.42	5:40.62
64	33.30	1:13.10	2:43.00	2:44.00	5:42.04
63.5	33.45	1:13.40	2:43.67	2:44.58	5:43.44
63	33.60	1:13.70	2:44.33	2:45.17	5:44.84
62.5	33.75	1:14.00	2:45.00	2:45.75	5:46.24
62	33.90	1:14.30	2:45.67	2:46.33	5:47.64
61.5	34.05	1:14.60	2:46.33	2:46.92	5:49.04
61	34.20	1:14.90	2:47.00	2:47.50	5:50.44
60.5	34.35	1:15.20	2:47.67	2:48.08	5:51.84
60	34.50	1:15.50	2:48.33	2:48.67	5:53.24
59.5	34.65	1:15.80	2:49.00	2:49.25	5:54.64
59	34.80	1:16.10	2:49.67	2:49.83	5:56.06
58.5	34.95	1:16.40	2:50.33	2:50.42	5:57.48
58	35.10	1:16.70	2:51.00	2:51.00	5:58.90
57.5	35.25	1:17.00	2:51.67	2:51.58	6:00.32
57	35.40	1:17.30	2:52.33	2:52.17	6:01.74
56.5	35.55	1:17.60	2:53.00	2:52.75	6:03.16
56	35.70	1:17.90	2:53.67	2:53.33	6:04.58
55.5	35.85	1:18.20	2:54.33	2:53.92	6:06.00
55	36.00	1:18.50	2:55.00	2:54.50	6:07.42
54.5	36.15	1:18.80	2:55.67	2:55.08	6:08.84
54	36.30	1:19.10	2:56.33	2:55.67	6:10.26
53.5	36.45	1:19.40	2:57.00	2:56.25	6:11.68
53	36.60	1:19.70	2:57.67	2:56.83	6:13.10
52.5	36.75	1:20.00	2:58.33	2:57.42	6:14.52
52	36.90	1:20.30	2:59.00	2:58.00	6:15.94
51.5	37.05	1:20.60	2:59.67	2:58.58	6:17.36
51	37.20	1:20.90	3:00.33	2:59.17	6:18.78

分值	50 米蝶	100 米蝶	200 米蝶	200 米混	400 米混
50.5	37.35	1:21.20	3:01.00	2:59.75	6:20.20
50	37.50	1:21.50	3:01.67	3:00.33	6:21.62
49.5	37.65	1:21.80	3:02.33	3:00.92	6:23.04
49	37.80	1:22.10	3:03.00	3:01.50	6:24.46
48.5	37.95	1:22.40	3:03.67	3:02.08	6:25.88
48	38.10	1:22.70	3:04.33	3:02.67	6:27.30
47.5	38.25	1:23.00	3:05.00	3:03.25	6:28.72
47	38.40	1:23.30	3:05.67	3:03.83	6:30.14
46.5	38.55	1:23.60	3:06.33	3:04.42	6:31.56
46	38.70	1:23.90	3:07.00	3:05.00	6:32.98
45.5	38.85	1:24.20	3:07.67	3:05.58	6:34.40
45	39.00	1:24.50	3:08.33	3:06.17	6:35.82
44.5	39.15	1:24.80	3:09.00	3:06.75	6:37.24
44	39.30	1:25.10	3:09.67	3:07.33	6:38.66
43.5	39.45	1:25.40	3:10.33	3:07.92	6:40.08
43	39.60	1:25.70	3:11.00	3:08.50	6:41.50
42.5	39.75	1:26.00	3:11.67	3:09.08	6:42.92
42	39.90	1:26.30	3:12.33	3:09.67	6:44.34
41.5	40.05	1:26.60	3:13.00	3:10.25	6:45.76
41	40.20	1:26.90	3:13.67	3:10.83	6:47.18
40.5	40.35	1:27.20	3:14.33	3:11.42	6:48.60
40	40.50	1:27.50	3:15.00	3:12.00	6:50.00

表 13-10 女子自由泳评分表（25 米池）

分值	50 米自	100 米自	200 米自	400 米自	800 米自	1500 米自
100	24.85	54.80	1:57.70	4:08.80	08:39.40	16:49.00
99.5	24.92	55.11	1:58.39	4:10.21	08:41.83	16:53.05
99	24.99	55.42	1:59.08	4:11.62	08:44.26	16:57.10
98.5	25.05	55.73	1:59.77	4:13.03	08:46.69	17:01.15
98	25.12	56.04	2:00.46	4:14.44	08:49.12	17:05.20
97.5	25.19	56.35	2:01.15	4:15.85	08:51.55	17:09.25
97	25.26	56.66	2:01.84	4:17.26	08:53.98	17:13.30

分值	50 米自	100 米自	200 米自	400 米自	800 米自	1500 米自
96.5	25.32	56.97	2:02.53	4:18.67	08:56.41	17:17.35
96	25.39	57.28	2:03.22	4:20.08	08:58.84	17:21.40
95.5	25.46	57.59	2:03.91	4:21.49	09:01.27	17:25.45
95	25.53	57.90	2:04.60	4:22.90	09:03.70	17:29.50
94.5	25.59	58.21	2:05.29	4:24.31	09:06.13	17:33.55
94	25.66	58.52	2:05.98	4:25.72	09:08.56	17:37.60
93.5	25.73	58.83	2:06.67	4:27.13	09:10.99	17:41.65
93	25.80	59.14	2:07.36	4:28.54	09:13.42	17:45.70
92.5	25.86	59.45	2:08.05	4:29.95	09:15.85	17:49.75
92	25.93	59.76	2:08.74	4:31.36	09:18.28	17:53.80
91.5	26.00	1:00.07	2:09.43	4:32.77	09:20.71	17:57.85
91	26.07	1:00.38	2:10.12	4:34.18	09:23.14	18:01.90
90.5	26.13	1:00.69	2:10.81	4:35.59	09:25.57	18:05.95
90	26.20	1:01.00	2:11.50	4:37.00	09:28.00	18:10.00
89.5	26.31	1:01.26	2:12.10	4:38.55	09:31.50	18:17.75
89	26.42	1:01.52	2:12.70	4:40.10	09:35.00	18:25.50
88.5	26.52	1:01.79	2:13.30	4:41.65	09:38.50	18:33.25
88	26.63	1:02.05	2:13.90	4:43.20	09:42.00	18:41.00
87.5	26.74	1:02.31	2:14.50	4:44.75	09:45.50	18:48.75
87	26.85	1:02.57	2:15.10	4:46.30	09:49.00	18:56.50
86.5	26.95	1:02.84	2:15.70	4:47.85	09:52.50	19:04.25
86	27.06	1:03.10	2:16.30	4:49.40	09:56.00	19:12.00
85.5	27.17	1:03.36	2:16.90	4:50.95	09:59.50	19:19.75
85	27.28	1:03.62	2:17.50	4:52.50	10:03.00	19:27.50
84.5	27.38	1:03.89	2:18.10	4:54.05	10:06.50	19:35.25
84	27.49	1:04.15	2:18.70	4:55.60	10:10.00	19:43.00
83.5	27.60	1:04.41	2:19.30	4:57.15	10:13.50	19:50.75
83	27.71	1:04.67	2:19.90	4:58.70	10:17.00	19:58.50
82.5	27.81	1:04.94	2:20.50	5:00.25	10:20.50	20:06.25
82	27.92	1:05.20	2:21.10	5:01.80	10:24.00	20:14.00
81.5	28.03	1:05.46	2:21.70	5:03.35	10:27.50	20:21.75

分值	50 米自	100 米自	200 米自	400 米自	800 米自	1500 米自
81	28.14	1:05.72	2:22.30	5:04.90	10:31.00	20:29.50
80.5	28.24	1:05.99	2:22.90	5:06.45	10:34.50	20:37.25
80	28.35	1:06.25	2:23.50	5:08.00	10:38.00	20:45.00
79.5	28.46	1:06.51	2:24.10	5:09.55	10:41.50	20:52.75
79	28.57	1:06.77	2:24.70	5:11.10	10:45.00	21:00.50
78.5	28.67	1:07.04	2:25.30	5:12.65	10:48.50	21:08.25
78	28.78	1:07.30	2:25.90	5:14.20	10:52.00	21:16.00
77.5	28.89	1:07.56	2:26.50	5:15.75	10:55.50	21:23.75
77	29.00	1:07.82	2:27.10	5:17.30	10:59.00	21:31.50
76.5	29.10	1:08.09	2:27.70	5:18.85	11:02.50	21:39.25
76	29.21	1:08.35	2:28.30	5:20.40	11:06.00	21:47.00
75.5	29.32	1:08.61	2:28.90	5:21.95	11:09.50	21:54.75
75	29.43	1:08.87	2:29.50	5:23.50	11:13.00	22:02.50
74.5	29.53	1:09.14	2:30.10	5:25.05	11:16.50	22:10.25
74	29.64	1:09.40	2:30.70	5:26.60	11:20.00	22:18.00
73.5	29.75	1:09.66	2:31.30	5:28.15	11:23.50	22:25.75
73	29.86	1:09.92	2:31.90	5:29.70	11:27.00	22:33.50
72.5	29.96	1:10.19	2:32.50	5:31.25	11:30.50	22:41.25
72	30.07	1:10.45	2:33.10	5:32.80	11:34.00	22:49.00
71.5	30.18	1:10.71	2:33.70	5:34.35	11:37.50	22:56.75
71	30.29	1:10.97	2:34.30	5:35.90	11:41.00	23:04.50
70.5	30.39	1:11.24	2:34.90	5:37.45	11:44.50	23:12.25
70	30.50	1:11.00	2:35.50	5:39.00	11:48.00	23:20.00
69.5	30.62	1:12.35	2:36.23	5:40.33	11:51.00	23:24.00
69	30.73	1:12.70	2:36.97	5:41.67	11:54.00	23:28.00
68.5	30.85	1:13.05	2:37.70	5:43.00	11:57.00	23:32.00
68	30.97	1:13.40	2:38.43	5:44.33	12:00.00	23:36.00
67.5	31.08	1:13.75	2:39.17	5:45.67	12:03.00	23:40.00
67	31.20	1:14.10	2:39.90	5:47.00	12:06.00	23:44.00
66.5	31.32	1:14.45	2:40.63	5:48.33	12:09.00	23:48.00
66	31.43	1:14.80	2:41.37	5:49.67	12:12.00	23:52.00

分值	50 米自	100 米自	200 米自	400 米自	800 米自	1500 米自
65.5	31.55	1:15.15	2:42.10	5:51.00	12:15.00	23:56.00
65	31.67	1:15.50	2:42.83	5:52.33	12:18.00	24:00.00
64.5	31.78	1:15.85	2:43.57	5:53.67	12:21.00	24:04.00
64	31.90	1:16.20	2:44.30	5:55.00	12:24.00	24:08.00
63.5	32.02	1:16.55	2:45.03	5:56.33	12:27.00	24:12.00
63	32.13	1:16.90	2:45.77	5:57.67	12:30.00	24:16.00
62.5	32.25	1:17.25	2:46.50	5:59.00	12:33.00	24:20.00
62	32.37	1:17.60	2:47.23	6:00.33	12:36.00	24:24.00
61.5	32.48	1:17.95	2:47.97	6:01.67	12:39.00	24:28.00
61	32.60	1:18.30	2:48.70	6:03.00	12:42.00	24:32.00
60.5	32.72	1:18.65	2:49.43	6:04.33	12:45.00	24:36.00
60	32.83	1:19.00	2:50.17	6:05.67	12:48.00	24:40.00
59.5	32.95	1:19.35	2:50.90	6:07.00	12:51.00	24:44.00
59	33.07	1:19.70	2:51.63	6:08.33	12:54.00	24:48.00
58.5	33.18	1:20.05	2:52.37	6:09.67	12:57.00	24:52.00
58	33.30	1:20.40	2:53.10	6:11.00	13:00.00	24:56.00
57.5	33.42	1:20.75	2:53.83	6:12.33	13:03.00	25:00.00
57	33.53	1:21.10	2:54.57	6:13.67	13:06.00	25:04.00
56.5	33.65	1:21.45	2:55.30	6:15.00	13:09.00	25:08.00
56	33.77	1:21.80	2:56.03	6:16.33	13:12.00	25:12.00
55.5	33.88	1:22.15	2:56.77	6:17.67	13:15.00	25:16.00
55	34.00	1:22.50	2:57.50	6:19.00	13:18.00	25:20.00
54.5	34.12	1:22.85	2:58.23	6:20.33	13:21.00	25:24.00
54	34.23	1:23.20	2:58.97	6:21.67	13:24.00	25:28.00
53.5	34.35	1:23.55	2:59.70	6:23.00	13:27.00	25:32.00
53	34.47	1:23.90	3:00.43	6:24.33	13:30.00	25:36.00
52.5	34.58	1:24.25	3:01.17	6:25.67	13:33.00	25:40.00
52	34.70	1:24.60	3:01.90	6:27.00	13:36.00	25:44.00
51.5	34.82	1:24.95	3:02.63	6:28.33	13:39.00	25:48.00
51	34.93	1:25.30	3:03.37	6:29.67	13:42.00	25:52.00
50.5	35.05	1:25.65	3:04.10	6:31.00	13:45.00	25:56.00



分值	50 米自	100 米自	200 米自	400 米自	800 米自	1500 米自
50	35.17	1:26.00	3:04.83	6:32.33	13:48.00	26:00.00
49.5	35.28	1:26.35	3:05.57	6:33.67	13:51.00	26:04.00
49	35.40	1:26.70	3:06.30	6:35.00	13:54.00	26:08.00
48.5	35.52	1:27.05	3:07.03	6:36.33	13:57.00	26:12.00
48	35.63	1:27.40	3:07.77	6:37.67	14:00.00	26:16.00
47.5	35.75	1:27.75	3:08.50	6:39.00	14:03.00	26:20.00
47	35.87	1:28.10	3:09.23	6:40.33	14:06.00	26:24.00
46.5	35.98	1:28.45	3:09.97	6:41.67	14:09.00	26:28.00
46	36.10	1:28.80	3:10.70	6:43.00	14:12.00	26:32.00
45.5	36.22	1:29.15	3:11.43	6:44.33	14:15.00	26:36.00
45	36.33	1:29.50	3:12.17	6:45.67	14:18.00	26:40.00
44.5	36.45	1:29.85	3:12.90	6:47.00	14:21.00	26:44.00
44	36.57	1:30.20	3:13.63	6:48.33	14:24.00	26:48.00
43.5	36.68	1:30.55	3:14.37	6:49.67	14:27.00	26:52.00
43	36.80	1:30.90	3:15.10	6:51.00	14:30.00	26:56.00
42.5	36.92	1:31.25	3:15.83	6:52.33	14:33.00	27:00.00
42	37.03	1:31.60	3:16.57	6:53.67	14:36.00	27:04.00
41.5	37.15	1:31.95	3:17.30	6:55.00	14:39.00	27:08.00
41	37.27	1:32.30	3:18.03	6:56.33	14:42.00	27:12.00
40.5	37.38	1:32.65	3:18.77	6:57.67	14:45.00	27:16.00
40	37.50	1:33.00	3:19.50	6:59.00	14:48.00	27:20.00

表 13-11 女子仰泳、蛙泳评分表（25 米池）

分值	50 米仰	100 米仰	200 米仰	50 米蛙	100 米蛙	200 米蛙
100	29.55	1:03.30	2:16.30	30.70	1:08.75	2:32.60
99.5	29.67	1:03.54	2:16.86	30.92	1:09.11	2:33.32
99	29.80	1:03.77	2:17.42	31.13	1:09.48	2:34.04
98.5	29.92	1:04.01	2:17.98	31.35	1:09.84	2:34.76
98	30.04	1:04.24	2:18.54	31.56	1:10.20	2:35.48
97.5	30.16	1:04.48	2:19.10	31.78	1:10.56	2:36.20
97	30.29	1:04.71	2:19.66	31.99	1:10.92	2:36.92

分值	50 米仰	100 米仰	200 米仰	50 米蛙	100 米蛙	200 米蛙
96.5	30.41	1:04.95	2:20.22	32.21	1:11.29	2:37.64
96	30.53	1:05.18	2:20.78	32.42	1:11.65	2:38.36
95.5	30.65	1:05.42	2:21.34	32.64	1:12.01	2:39.08
95	30.78	1:05.65	2:21.90	32.85	1:12.37	2:39.80
94.5	30.90	1:05.89	2:22.46	33.07	1:12.74	2:40.52
94	31.02	1:06.12	2:23.02	33.28	1:13.10	2:41.24
93.5	31.14	1:06.36	2:23.58	33.50	1:13.46	2:41.96
93	31.27	1:06.59	2:24.14	33.71	1:13.82	2:42.68
92.5	31.39	1:06.83	2:24.70	33.93	1:14.19	2:43.40
92	31.51	1:07.06	2:25.26	34.14	1:14.55	2:44.12
91.5	31.63	1:07.30	2:25.82	34.36	1:14.91	2:44.84
91	31.76	1:07.53	2:26.38	34.57	1:15.27	2:45.56
90.5	31.88	1:07.77	2:26.44	34.79	1:15.64	2:46.28
90	32.00	1:08.00	2:27.00	35.00	1:16.00	2:47.00
89.5	32.14	1:08.30	2:28.09	35.13	1:16.28	2:47.55
89	32.28	1:08.60	2:28.68	35.25	1:16.55	2:48.10
88.5	32.41	1:08.90	2:29.26	35.38	1:16.83	2:48.65
88	32.55	1:09.20	2:29.85	35.50	1:17.10	2:49.20
87.5	32.69	1:09.50	2:30.44	35.63	1:17.38	2:49.75
87	32.83	1:09.80	2:31.03	35.75	1:17.65	2:50.30
86.5	32.96	1:10.10	2:31.61	35.88	1:17.93	2:50.85
86	33.10	1:10.40	2:32.20	36.00	1:18.20	2:51.40
85.5	33.24	1:10.70	2:32.79	36.13	1:18.48	2:51.95
85	33.38	1:11.00	2:33.38	36.25	1:18.75	2:52.50
84.5	33.51	1:11.30	2:33.96	36.38	1:19.03	2:53.05
84	33.65	1:11.60	2:34.55	36.50	1:19.30	2:53.60
83.5	33.79	1:11.90	2:35.14	36.63	1:19.58	2:54.15
83	33.93	1:12.20	2:35.73	36.75	1:19.85	2:54.70
82.5	34.06	1:12.50	2:36.31	36.88	1:20.13	2:55.25
82	34.20	1:12.80	2:36.90	37.00	1:20.40	2:55.80
81.5	34.34	1:13.10	2:37.49	37.13	1:20.68	2:56.35

分值	50 米仰	100 米仰	200 米仰	50 米蛙	100 米蛙	200 米蛙
81	34.48	1:13.40	2:38.08	37.25	1:20.95	2:56.90
80.5	34.61	1:13.70	2:38.66	37.38	1:21.23	2:57.45
80	34.75	1:14.00	2:39.25	37.50	1:21.50	2:58.00
79.5	34.89	1:14.30	2:39.84	37.63	1:21.78	2:58.55
79	35.03	1:14.60	2:40.43	37.75	1:22.05	2:59.10
78.5	35.16	1:14.90	2:41.01	37.88	1:22.33	2:59.65
78	35.30	1:15.20	2:41.60	38.00	1:22.60	3:00.20
77.5	35.44	1:15.50	2:42.19	38.13	1:22.88	3:00.75
77	35.58	1:15.80	2:42.78	38.25	1:23.15	3:01.30
76.5	35.71	1:16.10	2:43.36	38.38	1:23.43	3:01.85
76	35.85	1:16.40	2:43.95	38.50	1:23.70	3:02.40
75.5	35.99	1:16.70	2:44.54	38.63	1:23.98	3:02.95
75	36.13	1:17.00	2:45.13	38.75	1:24.25	3:03.50
74.5	36.26	1:17.30	2:45.71	38.88	1:24.53	3:04.05
74	36.40	1:17.60	2:46.30	39.00	1:24.80	3:04.60
73.5	36.54	1:17.90	2:46.89	39.13	1:25.08	3:05.15
73	36.68	1:18.20	2:47.48	39.25	1:25.35	3:05.70
72.5	36.81	1:18.50	2:48.06	39.38	1:25.63	3:06.25
72	36.95	1:18.80	2:48.65	39.50	1:25.90	3:06.80
71.5	37.09	1:19.10	2:49.24	39.63	1:26.18	3:07.35
71	37.23	1:19.40	2:49.83	39.75	1:26.45	3:07.90
70.5	37.36	1:19.70	2:50.41	39.88	1:26.73	3:08.45
70	37.50	1:20.00	2:51.00	40.00	1:27.00	3:09.00
69.5	37.63	1:20.33	2:51.76	40.12	1:27.25	3:09.58
69	37.77	1:20.67	2:52.52	40.23	1:27.50	3:10.17
68.5	37.90	1:21.00	2:53.27	40.35	1:27.75	3:10.75
68	38.03	1:21.33	2:54.03	40.47	1:28.00	3:11.33
67.5	38.17	1:21.67	2:54.79	40.58	1:28.25	3:11.92
67	38.30	1:22.00	2:55.55	40.70	1:28.50	3:12.50
66.5	38.43	1:22.33	2:56.31	40.82	1:28.75	3:13.08
66	38.57	1:22.67	2:57.07	40.93	1:29.00	3:13.67

分值	50 米仰	100 米仰	200 米仰	50 米蛙	100 米蛙	200 米蛙
65.5	38.70	1:23.00	2:57.82	41.05	1:29.25	3:14.25
65	38.83	1:23.33	2:58.58	41.17	1:29.50	3:14.83
64.5	38.97	1:23.67	2:59.34	41.28	1:29.75	3:15.42
64	39.10	1:24.00	3:00.10	41.40	1:30.00	3:16.00
63.5	39.23	1:24.33	3:00.86	41.52	1:30.25	3:16.58
63	39.37	1:24.67	3:01.62	41.63	1:30.50	3:17.17
62.5	39.50	1:25.00	3:02.37	41.75	1:30.75	3:17.75
62	39.63	1:25.33	3:03.13	41.87	1:31.00	3:18.33
61.5	39.77	1:25.67	3:03.89	41.98	1:31.25	3:18.92
61	39.90	1:26.00	3:04.65	42.10	1:31.50	3:19.50
60.5	40.03	1:26.33	3:05.41	42.22	1:31.75	3:20.08
60	40.17	1:26.67	3:06.17	42.33	1:32.00	3:20.67
59.5	40.30	1:27.00	3:06.92	42.45	1:32.25	3:21.25
59	40.43	1:27.33	3:07.68	42.57	1:32.50	3:21.83
58.5	40.57	1:27.67	3:08.44	42.68	1:32.75	3:22.42
58	40.70	1:28.00	3:09.20	42.80	1:33.00	3:23.00
57.5	40.83	1:28.33	3:09.96	42.92	1:33.25	3:23.58
57	40.97	1:28.67	3:10.72	43.03	1:33.50	3:24.17
56.5	41.10	1:29.00	3:11.47	43.15	1:33.75	3:24.75
56	41.23	1:29.33	3:12.23	43.27	1:34.00	3:25.33
55.5	41.37	1:29.67	3:12.99	43.38	1:34.25	3:25.92
55	41.50	1:30.00	3:13.75	43.50	1:34.50	3:26.50
54.5	41.63	1:30.33	3:14.51	43.62	1:34.75	3:27.08
54	41.77	1:30.67	3:15.27	43.73	1:35.00	3:27.67
53.5	41.90	1:31.00	3:16.02	43.85	1:35.25	3:28.25
53	42.03	1:31.33	3:16.78	43.97	1:35.50	3:28.83
52.5	42.17	1:31.67	3:17.54	44.08	1:35.75	3:29.42
52	42.30	1:32.00	3:18.30	44.20	1:36.00	3:30.00
51.5	42.43	1:32.33	3:19.06	44.32	1:36.25	3:30.58
51	42.57	1:32.67	3:19.82	44.43	1:36.50	3:31.17
50.5	42.70	1:33.00	3:20.57	44.55	1:36.75	3:31.75

分值	50 米仰	100 米仰	200 米仰	50 米蛙	100 米蛙	200 米蛙
50	42.83	1:33.33	3:21.33	44.67	1:37.00	3:32.33
49.5	42.97	1:33.67	3:22.09	44.78	1:37.25	3:32.92
49	43.10	1:34.00	3:22.85	44.90	1:37.50	3:33.50
48.5	43.23	1:34.33	3:23.61	45.02	1:37.75	3:34.08
48	43.37	1:34.67	3:24.37	45.13	1:38.00	3:34.67
47.5	43.50	1:35.00	3:25.12	45.25	1:38.25	3:35.25
47	43.63	1:35.33	3:25.88	45.37	1:38.50	3:35.83
46.5	43.77	1:35.67	3:26.64	45.48	1:38.75	3:36.42
46	43.90	1:36.00	3:27.40	45.60	1:39.00	3:37.00
45.5	44.03	1:36.33	3:28.16	45.72	1:39.25	3:37.58
45	44.17	1:36.67	3:28.92	45.83	1:39.50	3:38.17
44.5	44.30	1:37.00	3:29.67	45.95	1:39.75	3:38.75
44	44.43	1:37.33	3:30.43	46.07	1:40.00	3:39.33
43.5	44.57	1:37.67	3:31.19	46.18	1:40.25	3:39.92
43	44.70	1:38.00	3:31.95	46.30	1:40.50	3:40.50
42.5	44.83	1:38.33	3:32.71	46.42	1:40.75	3:41.08
42	44.97	1:38.67	3:33.47	46.53	1:41.00	3:41.67
41.5	45.10	1:39.00	3:34.22	46.65	1:41.25	3:42.25
41	45.23	1:39.33	3:34.98	46.77	1:41.50	3:42.83
40.5	45.37	1:39.67	3:35.74	46.88	1:41.75	3:43.42
40	45.50	1:40.00	3:36.50	47.00	1:42.00	3:44.00

表 13-12 女子蝶泳、混合泳评分表（25 米池）

分值	50 米蝶	100 米蝶	200 米蝶	200 米混	400 米混
100	26.50	00:59.00	2:11.20	2:15.40	4:50.80
99.5	26.65	00:59.38	2:11.74	2:15.98	4:51.86
99	26.80	00:59.75	2:12.28	2:16.56	4:52.92
98.5	26.95	1:00.13	2:12.82	2:17.14	4:53.98
98	27.10	1:00.50	2:13.36	2:17.72	4:55.04
97.5	27.25	1:00.88	2:13.90	2:18.30	4:56.10
97	27.40	1:01.25	2:14.44	2:18.88	4:57.16

分值	50 米蝶	100 米蝶	200 米蝶	200 米混	400 米混
96.5	27.55	1:01.63	2:14.98	2:19.46	4:58.22
96	27.70	1:02.00	2:15.52	2:20.04	4:59.28
95.5	27.85	1:02.38	2:16.06	2:20.62	5:00.34
95	28.00	1:02.75	2:16.60	2:21.20	5:01.40
94.5	28.15	1:03.13	2:17.14	2:21.78	5:02.46
94	28.30	1:03.50	2:17.68	2:22.36	5:03.52
93.5	28.45	1:03.88	2:18.22	2:22.94	5:04.58
93	28.60	1:04.25	2:18.76	2:23.52	5:05.64
92.5	28.75	1:04.63	2:19.30	2:24.10	5:06.70
92	28.90	1:05.00	2:19.84	2:24.68	5:07.76
91.5	29.05	1:05.38	2:20.38	2:25.26	5:08.82
91	29.20	1:05.75	2:20.92	2:25.84	5:09.88
90.5	29.35	1:06.13	2:21.46	2:26.42	5:10.94
90	29.50	1:06.50	2:22.00	2:27.00	5:12.00
89.5	29.65	1:06.80	2:22.74	2:27.70	5:13.58
89	29.80	1:07.10	2:23.47	2:28.40	5:15.15
88.5	29.95	1:07.40	2:24.21	2:29.10	5:16.73
88	30.10	1:07.70	2:24.95	2:29.80	5:18.30
87.5	30.25	1:08.00	2:25.69	2:30.50	5:19.88
87	30.40	1:08.30	2:26.42	2:31.20	5:21.45
86.5	30.55	1:08.60	2:27.16	2:31.90	5:23.03
86	30.70	1:08.90	2:27.90	2:32.60	5:24.60
85.5	30.85	1:09.20	2:28.64	2:33.30	5:26.18
85	31.00	1:09.50	2:29.37	2:34.00	5:27.75
84.5	31.15	1:09.80	2:30.11	2:34.70	5:29.33
84	31.30	1:10.10	2:30.85	2:35.40	5:30.90
83.5	31.45	1:10.40	2:31.59	2:36.10	5:32.48
83	31.60	1:10.70	2:32.32	2:36.80	5:34.05
82.5	31.75	1:11.00	2:33.06	2:37.50	5:35.63
82	31.90	1:11.30	2:33.80	2:38.20	5:37.20
81.5	32.05	1:11.60	2:34.54	2:38.90	5:38.78
81	32.20	1:11.90	2:35.27	2:39.60	5:40.35

分值	50 米蝶	100 米蝶	200 米蝶	200 米混	400 米混
80.5	32.35	1:12.20	2:36.01	2:40.30	5:41.93
80	32.50	1:12.50	2:36.75	2:41.00	5:43.50
79.5	32.65	1:12.80	2:37.49	2:41.70	5:45.08
79	32.80	1:13.10	2:38.22	2:42.40	5:46.65
78.5	32.95	1:13.40	2:38.96	2:43.10	5:48.22
78	33.10	1:13.70	2:39.70	2:43.80	5:49.80
77.5	33.25	1:14.00	2:40.44	2:44.50	5:51.37
77	33.40	1:14.30	2:41.17	2:45.20	5:52.95
76.5	33.55	1:14.60	2:41.91	2:45.90	5:54.52
76	33.70	1:14.90	2:42.65	2:46.60	5:56.10
75.5	33.85	1:15.20	2:43.39	2:47.30	5:57.67
75	34.00	1:15.50	2:44.12	2:48.00	5:59.25
74.5	34.15	1:15.80	2:44.86	2:48.70	6:00.82
74	34.30	1:16.10	2:45.60	2:49.40	6:02.40
73.5	34.45	1:16.40	2:46.34	2:50.10	6:03.97
73	34.60	1:16.70	2:47.07	2:50.80	6:05.55
72.5	34.75	1:17.00	2:47.81	2:51.50	6:07.12
72	34.90	1:17.30	2:48.55	2:52.20	6:08.70
71.5	35.05	1:17.60	2:49.29	2:52.90	6:10.27
71	35.20	1:17.90	2:50.02	2:53.60	6:11.85
70.5	35.35	1:18.20	2:50.76	2:54.30	6:13.42
70	35.50	1:18.50	2:51.50	2:55.00	6:15.00
69.5	35.65	1:18.82	2:52.22	2:55.83	6:16.75
69	35.80	1:19.13	2:52.95	2:56.67	6:18.50
68.5	35.95	1:19.45	2:53.67	2:57.50	6:20.25
68	36.10	1:19.77	2:54.40	2:58.33	6:22.00
67.5	36.25	1:20.08	2:55.12	2:59.17	6:23.75
67	36.40	1:20.40	2:55.85	3:00.00	6:25.50
66.5	36.55	1:20.72	2:56.57	3:00.83	6:27.25
66	36.70	1:21.03	2:57.30	3:01.67	6:29.00
65.5	36.85	1:21.35	2:58.02	3:02.50	6:30.75
65	37.00	1:21.67	2:58.75	3:03.33	6:32.50

分值	50 米蝶	100 米蝶	200 米蝶	200 米混	400 米混
64.5	37.15	1:21.98	2:59.47	3:04.17	6:34.25
64	37.30	1:22.30	3:00.20	3:05.00	6:36.00
63.5	37.45	1:22.62	3:00.92	3:05.83	6:37.75
63	37.60	1:22.93	3:01.65	3:06.67	6:39.50
62.5	37.75	1:23.25	3:02.37	3:07.50	6:41.25
62	37.90	1:23.57	3:03.10	3:08.33	6:43.00
61.5	38.05	1:23.88	3:03.82	3:09.17	6:44.75
61	38.20	1:24.20	3:04.55	3:10.00	6:46.50
60.5	38.35	1:24.52	3:05.27	3:10.83	6:48.25
60	38.50	1:24.83	3:06.00	3:11.67	6:50.00
59.5	38.65	1:25.15	3:06.72	3:12.50	6:51.75
59	38.80	1:25.47	3:07.45	3:13.33	6:53.50
58.5	38.95	1:25.78	3:08.17	3:14.17	6:55.25
58	39.10	1:26.10	3:08.90	3:15.00	6:57.00
57.5	39.25	1:26.42	3:09.62	3:15.83	6:58.75
57	39.40	1:26.73	3:10.35	3:16.67	7:00.50
56.5	39.55	1:27.05	3:11.07	3:17.50	7:02.25
56	39.70	1:27.37	3:11.80	3:18.33	7:04.00
55.5	39.85	1:27.68	3:12.52	3:19.17	7:05.75
55	40.00	1:28.00	3:13.25	3:20.00	7:07.50
54.5	40.15	1:28.32	3:13.97	3:20.83	7:09.25
54	40.30	1:28.63	3:14.70	3:21.67	7:11.00
53.5	40.45	1:28.95	3:15.42	3:22.50	7:12.75
53	40.60	1:29.27	3:16.15	3:23.33	7:14.50
52.5	40.75	1:29.58	3:16.87	3:24.17	7:16.25
52	40.90	1:29.90	3:17.60	3:25.00	7:18.00
51.5	41.05	1:30.22	3:18.32	3:25.83	7:19.75
51	41.20	1:30.53	3:19.05	3:26.67	7:21.50
50.5	41.35	1:30.85	3:19.77	3:27.50	7:23.25
50	41.50	1:31.17	3:20.50	3:28.33	7:25.00
49.5	41.65	1:31.48	3:21.22	3:29.17	7:26.75
49	41.80	1:31.80	3:21.95	3:30.00	7:28.50



分值	50 米蝶	100 米蝶	200 米蝶	200 米混	400 米混
48.5	41.95	1:32.12	3:22.67	3:30.83	7:30.25
48	42.10	1:32.43	3:23.40	3:31.67	7:32.00
47.5	42.25	1:32.75	3:24.12	3:32.50	7:33.75
47	42.40	1:33.07	3:24.85	3:33.33	7:35.50
46.5	42.55	1:33.38	3:25.57	3:34.17	7:37.25
46	42.70	1:33.70	3:26.30	3:35.00	7:39.00
45.5	42.85	1:34.02	3:27.02	3:35.83	7:40.75
45	43.00	1:34.33	3:27.75	3:36.67	7:42.50
44.5	43.15	1:34.65	3:28.47	3:37.50	7:44.25
44	43.30	1:34.97	3:29.20	3:38.33	7:46.00
43.5	43.45	1:35.28	3:29.92	3:39.17	7:47.75
43	43.60	1:35.60	3:30.65	3:40.00	7:49.50
42.5	43.75	1:35.92	3:31.37	3:40.83	7:51.25
42	43.90	1:36.23	3:32.10	3:41.67	7:53.00
41.5	44.05	1:36.55	3:32.82	3:42.50	7:54.75
41	44.20	1:36.87	3:33.55	3:43.33	7:56.50
40.5	44.35	1:37.18	3:34.27	3:44.17	7:58.25
40	44.50	1:37.50	3:35.00	3:45.00	8:00.00